



T.C. SAĞLIK BAKANLIĞI



e-Nabız V.2.1

User Guide

2025

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What is e-Nabız?

e-Nabız is an application developed for citizens and health professionals, to enable them to access via Internet or mobile devices to health data collected from health institutions. It is a personal health record system where you can manage all your health information and access your medical history in one place, regardless of where your examinations, tests and treatments were performed.

It is the world's largest and most comprehensive health information system that enables physicians to access your health records subject to the authorization given by you within a predefined time and limitations, thus increasing the quality and speed of the diagnosis and treatment process, ensuring a strong communication established between you and your physician, and which you can access securely over the internet.

How can I log in to e-Nabız?

Authentication in the system is possible in two ways.

The screenshot displays the e-Nabız login interface. On the left, there is a login form with the following elements: the e-Nabız logo (Kişisel Sağlık Sistemi), a text input field for 'Please enter National ID Number', a password input field for 'Enter e-Nabız Password', a reCAPTCHA verification box, a 'Login' button, and two alternative login options: 'Login with e-Devlet' and 'Login with e-İmza'. A note below the form states: '* If you have not created an e-Nabız account before, you should first create an account via e-Devlet. While you create an account you should create a password for yourself and login to e-Nabız with the password created.' At the bottom left, there is a 'Register through e-Devlet' button and a link 'How can I register through e-Devlet Portal?'. On the right, a dashboard area features six service tiles: 'Family Physician Login', 'Example e-Nabız account', 'Closest Hospital', 'Closest Night-Pharmacy', 'Body Mass Index', and 'Risk of Cardiovascular Disease'. At the bottom right, a footer text reads: 'e-Nabız is Türkiye's trusted personal health record system where you can manage your health information. e-Nabız Turkish Ministry of Health'.

Figure 1: e-Nabız Login Screen

1. Login via e-Government Gateway Kapısı

You can log in to system using your Turkish ID via e-Government Gateway through one of the following options: e-Devlet password, Mobile Signature, e-İmza, Turkish ID Card or Internet Banking (Figure 1).When you click on e-Devlet login, you will be redirected to the e-Devlet login you can see in Figure 2.

e-Devlet Şifresi

Mobil İmza

Elektronik İmza

T.C. Kimlik Kartı

İnternet Bankacılığı

T.C. Kimlik Numaranızı ve e-Devlet Şifrenizi kullanarak kimliğiniz doğrulandıktan sonra işleminize kaldığınız yerden devam edebilirsiniz. [e-Devlet Şifresi Nedir, Nasıl Alınır?](#)

* T.C. Kimlik No

* e-Devlet Şifresi

* e-Devlet [şifrenizi unutmanız durumunda](#) doğruladığınız cep telefonunuzdan yenileme işlemi yapabilirsiniz.

[Şifremi Unuttum](#)

İptal

Giriş Yap

Figure 2: Login via e-Government Gateway Screen

2. If you have no e- Government Password

If you have no e-Government password, you need to first register your mobile phone number to your Family Physician, and you will receive a single-use access code delivered via SMS sent to your phone, and use this access code to log in the system.

Once you logged in, you will be welcomed with 'Terms of Use of e-Nabız System' in the first screen that you are redirected to create your profile info.

To begin creating your profile, you need to check the box next to the "I Read Terms of Use of e-Nabız System" option.

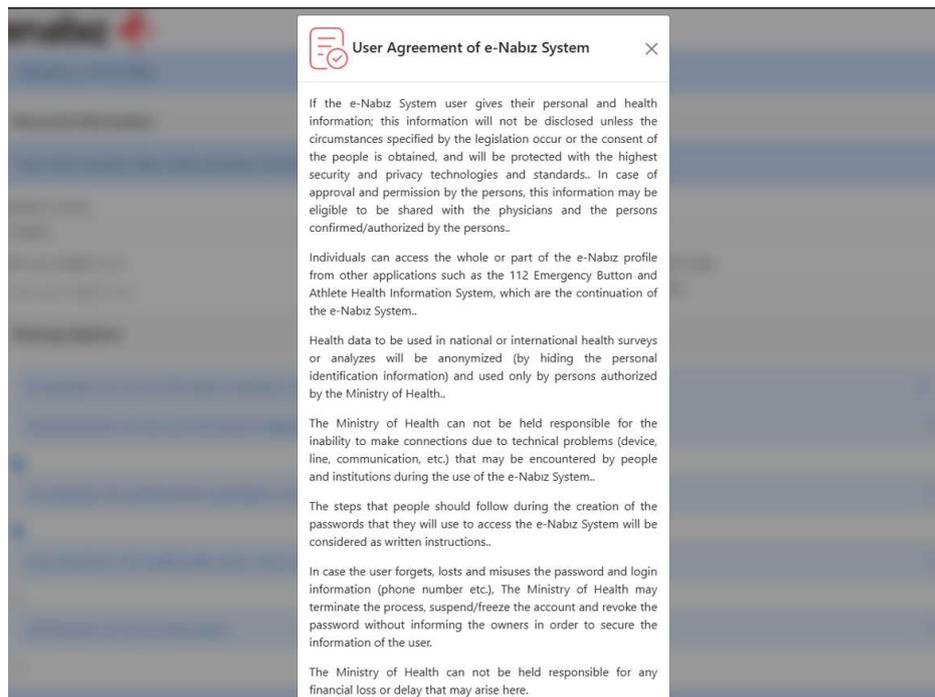


Figure 3: Terms of Use of e-Nabız System Screen

The next step to create your profile info is the "Create New Account" page where you fill in your personal information, choose who can see your personal health data and set your password.

CREATE NEW REGISTRATION

e-nabız
Kişisel Sağlık Sistemi

* Mandatory to fill all fields

Personal Information

* Your name, surname, date of birth and place of birth are taken from the Mernis system. Can not be changed on this screen.

Resident Country: TÜRKİYE

Resident City: Resident City

Enter your height in cm. Enter your weight in kg. Blood Type: ORh-

Sharing Options

No physician can see my information (mandatory confirmation code by SMS or authenticator)

Family physicians can see your information (Suggested)

Figure 4: Create New Account Screen

You can choose who you want to see your personal health data among the alternatives. The last step in creating your profile information is contact information. Here you need to create and enter your e-mail address, mobile phone information and e-Nabız password you want to use to log in to the system.

You can then activate e-Nabız by typing the single-use access code sent to your mobile phone in the Confirmation Code field.

SMS verification code

Please enter SMS verification code

Cancel Confirmation

Figure 5: SMS Confirmation Screen

How can I change my e-Nabız Password?

After logging into e-Nabız, you can change your password by clicking the “Settings” button on the main page and using the options on the screen that appears.

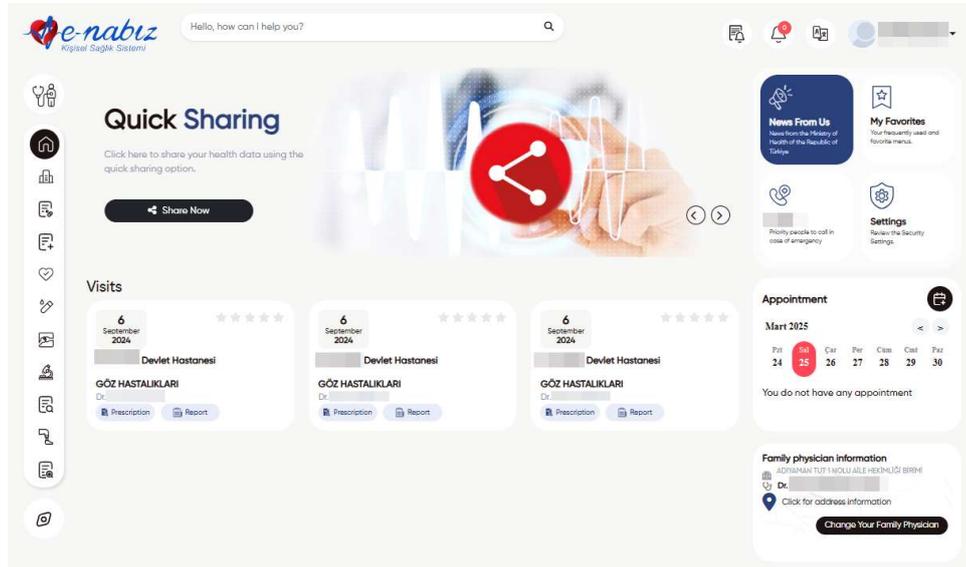


Figure 6: Settings Screen

You can change your password or profile information with this menu. After password change, you need to log in to the system again with your password.

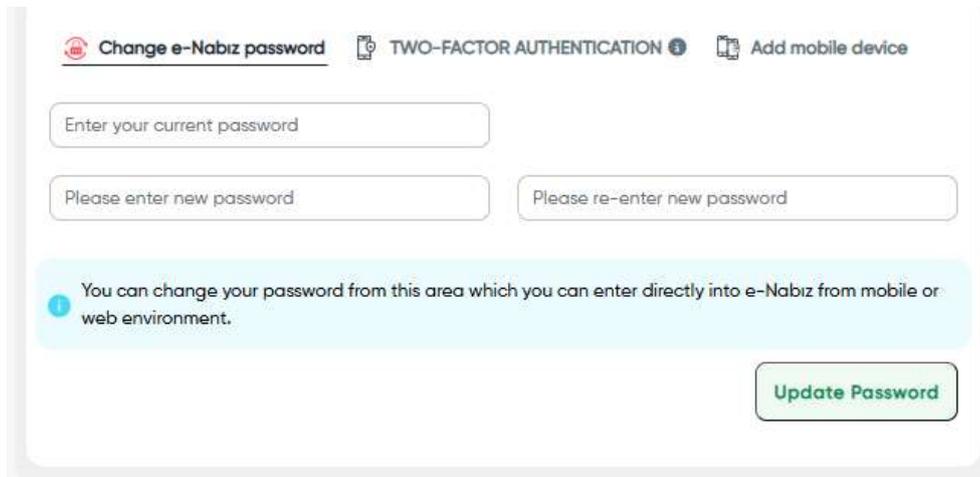


Figure 7: Change e-Nabız Password Screen

My e-Nabız Medical History

Once you log in to your e-Nabız profile, the screen in Figure 8, as the home page, will welcome you.

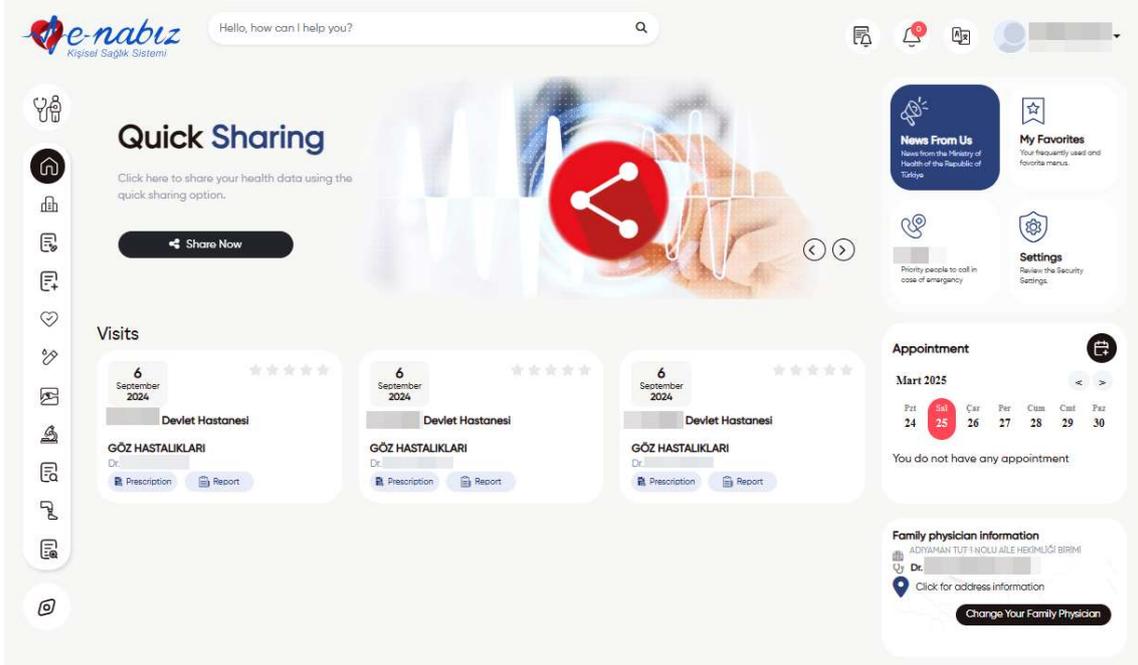


Figure 8: My Medical History Screen

If you have medical data in e-Nabız system, you can see your visits on the home page. From the same page, you can evaluate your recent visits in terms of service quality and comment on the health facility, change or delete your comments.

In the My Appointment section, you can see your hospital appointments you have scheduled through MHRS, if any, and information on your past appointments

In the Notifications section, you can review recent activities related to your account, such as the latest login and hospital visits.

When you enter the search engine on the home page, you can search by entering the relevant words for the menu you want to view. Menus associated with the relevant words entered are listed, and guidance is provided when you click on the menu you want to view.

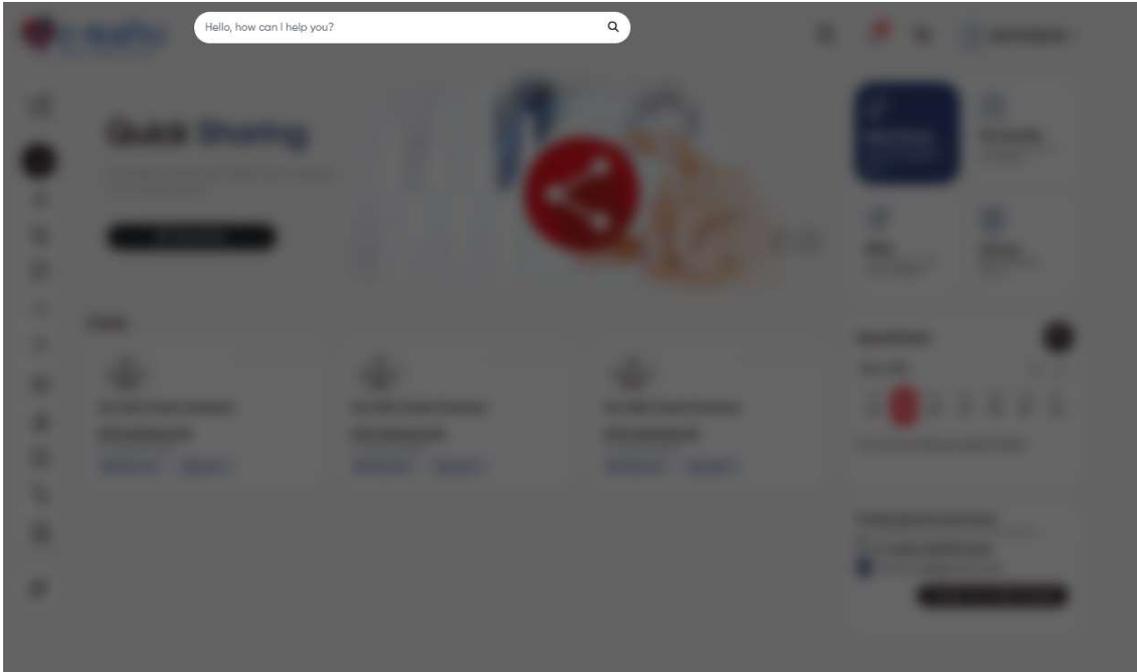


Figure 9: Home page / Search Engine Screen

My Profile Info

After logging in to e-Nabiz, you can view your profile information by clicking the "Edit Profile" button on the main page. Here you can upload/update photos, update your password, change your country of residence, city of residence, height, blood type, e-mail and cell phone details. You can add multiple email and cell phone information.

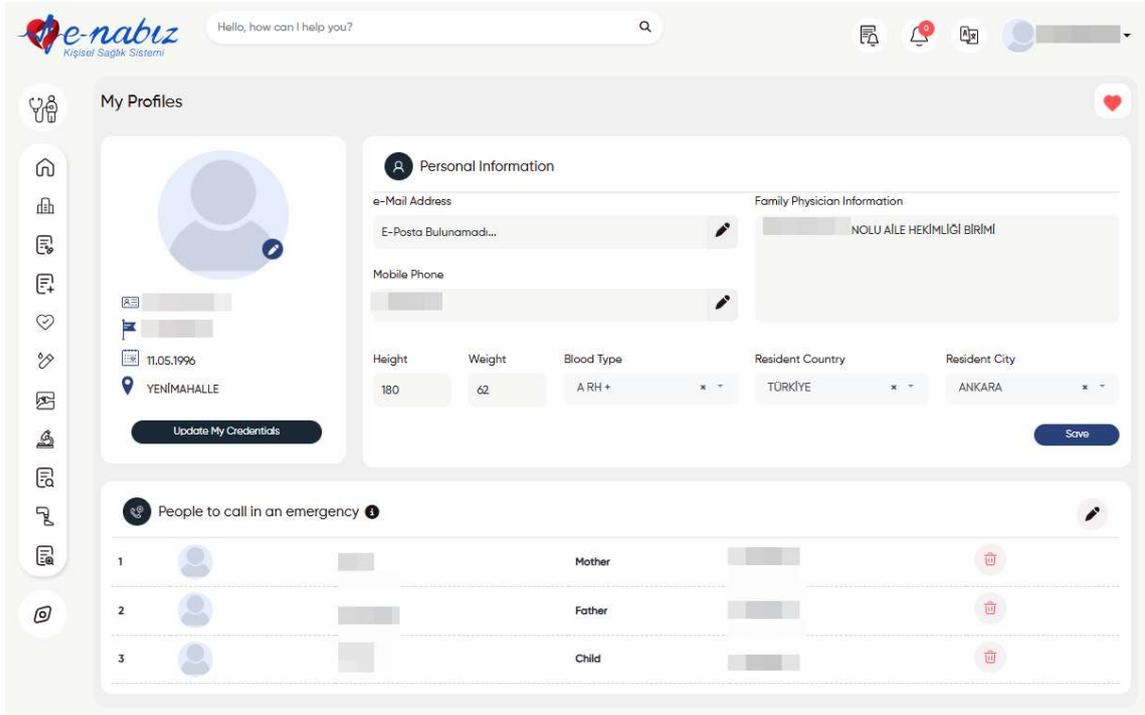


Figure 10: My Profile Information Screen / Edit Profile Screen

Settings

In the "Settings" that you can access from the menu, you can choose from the following options: " No physician can see my information (mandatory confirmation code by SMS or authenticator)", " Family physicians can see my information", " The physician who performed the examination can see my information", " Every physician in the health facility where i had my examination can see my health information", " All physicians can see my information".

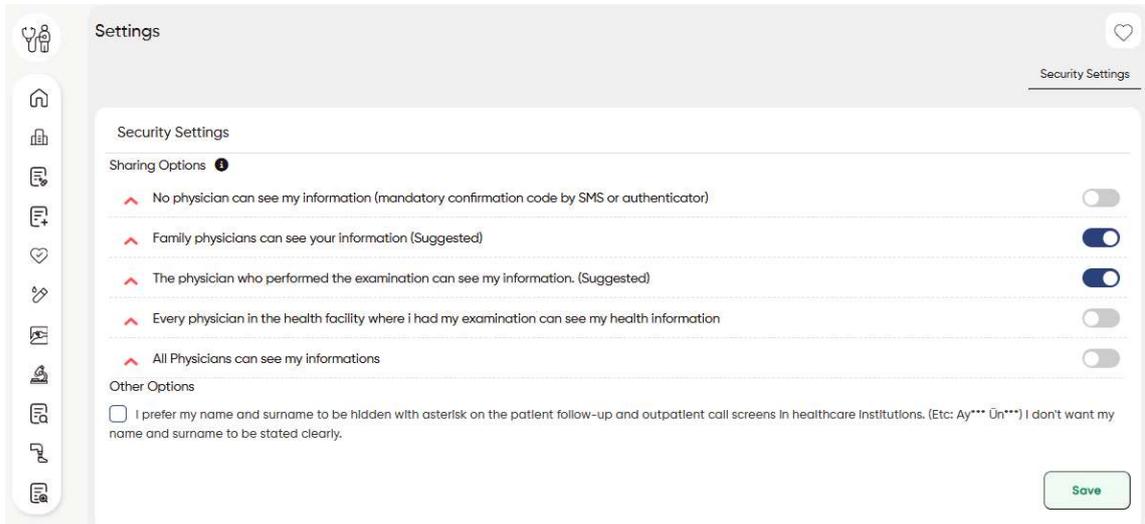


Figure 11: My Profile Info Screen / Sharing Settings Screen

If you want to make logging into your e-Nabiz profile more secure, you can activate the "TWO-STEP LOGIN" option. When this option is selected, each time you log in to your profile, an SMS code will be sent to your primary phone number registered in the system.

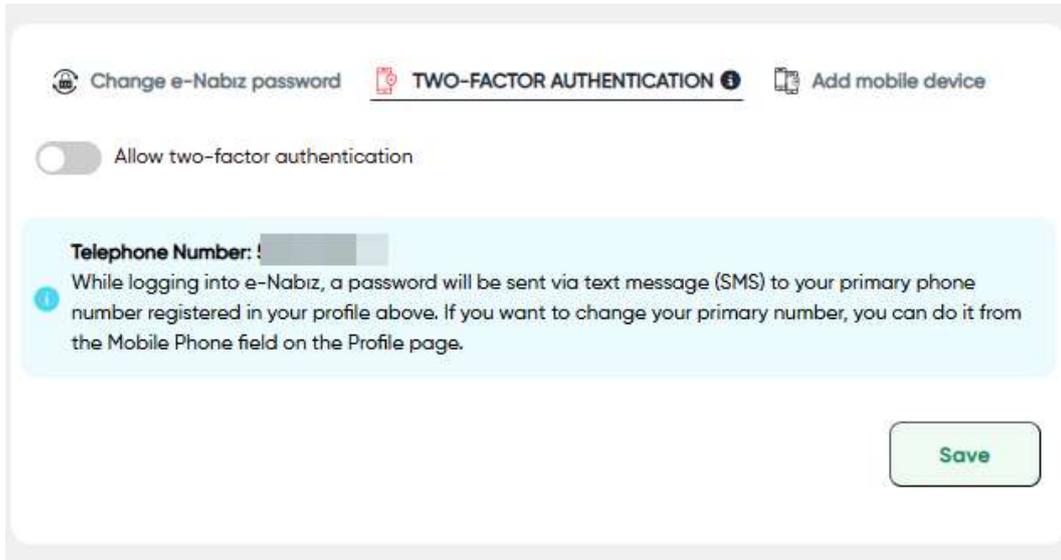


Figure 12: Edit Profile / Two-Step Login Screen

You can add all your mobile devices with internet connection to your e-Nabiz profile. When you type the name of your device and click "Add Mobile Device" button, a QR Code will appear on the page. You can add your device by clicking the "Generate Password" button on your e-Nabiz mobile app and scanning the code generated on the page.

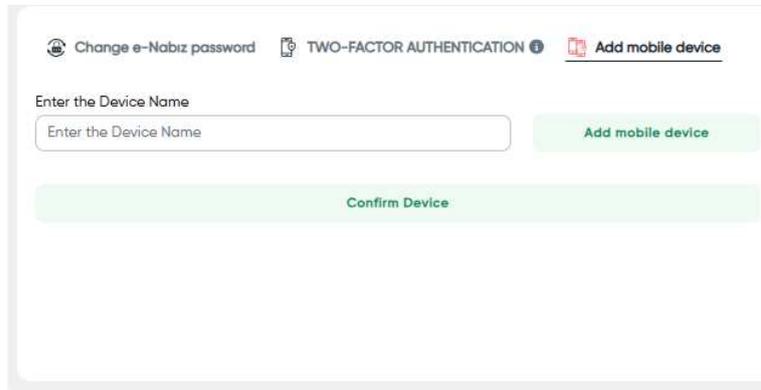


Figure 13: Edit Profile / Add Mobile Device Screen

You can deactivate or close your e-Nabiz account at any time for any period of time. You can perform these actions only by logging in to your e-Nabiz account via e-Government Gateway.

When you delete your account, your historical sensor data such as Blood Pressure, Step, etc. will be deleted and you will not be able to access this data again.

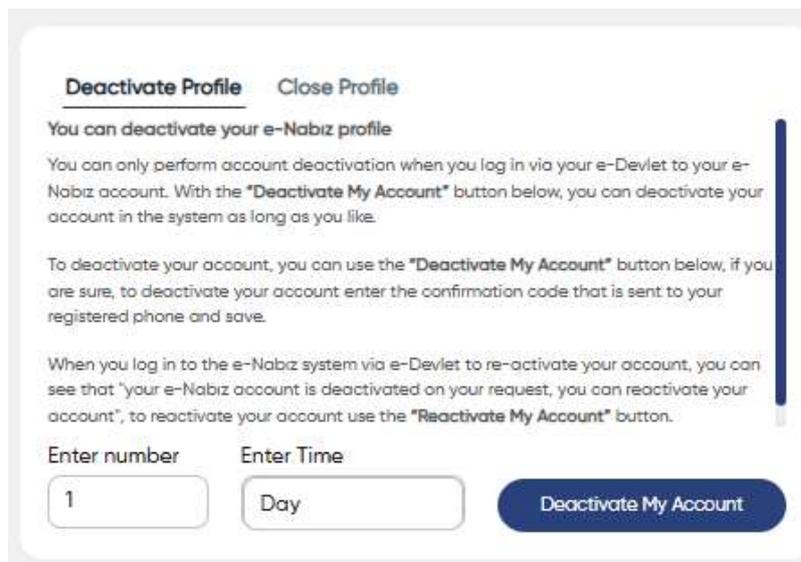


Figure 14: My Profile Info / Deactivate my account, close my account Screen

Quick Share

When you click on the Quick Sharing menu on the home page, you can share your health data with your relative and physician with a one-time and periodic sharing. You can view the data you have shared.

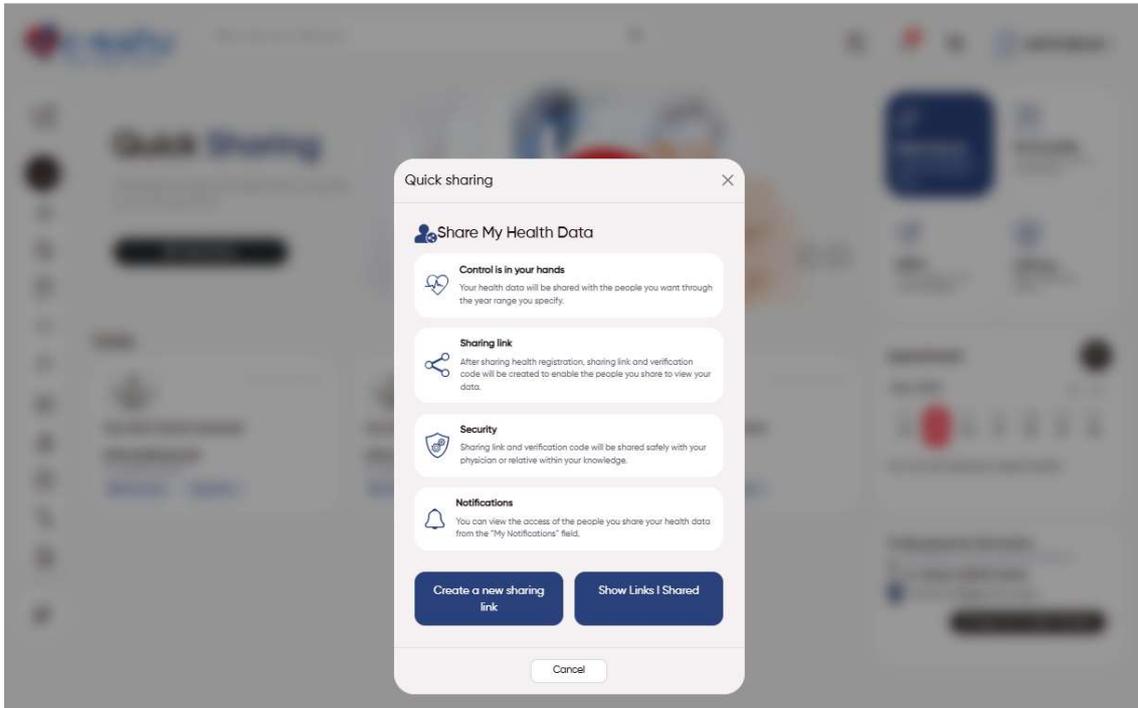


Figure 15: Home page / Quick Share / Share My Health Data

Smart Assistant

In the "Smart Assistant", which you can access from the menu, you can view all your disease history, and personal information such as blood type, weight, height, age, body mass index and smoking status. The diseases you have had are marked on a human body diagram and the diagnoses are shown in the fields indicated with dots.

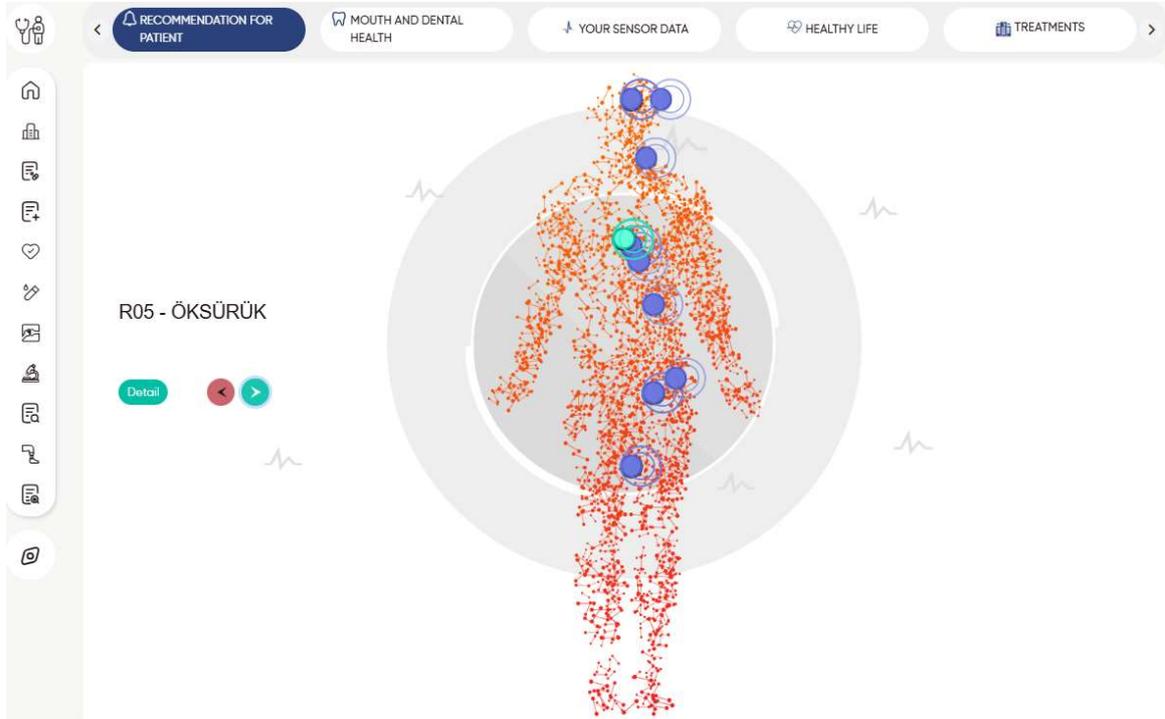


Figure 16: Smart Assistant Screen

My Visits

In 'My Visits', which you can access from the menu, you can see the visits on the basis of examination, and your health facility visits by date, hospital tracking number, hospital name and branch.

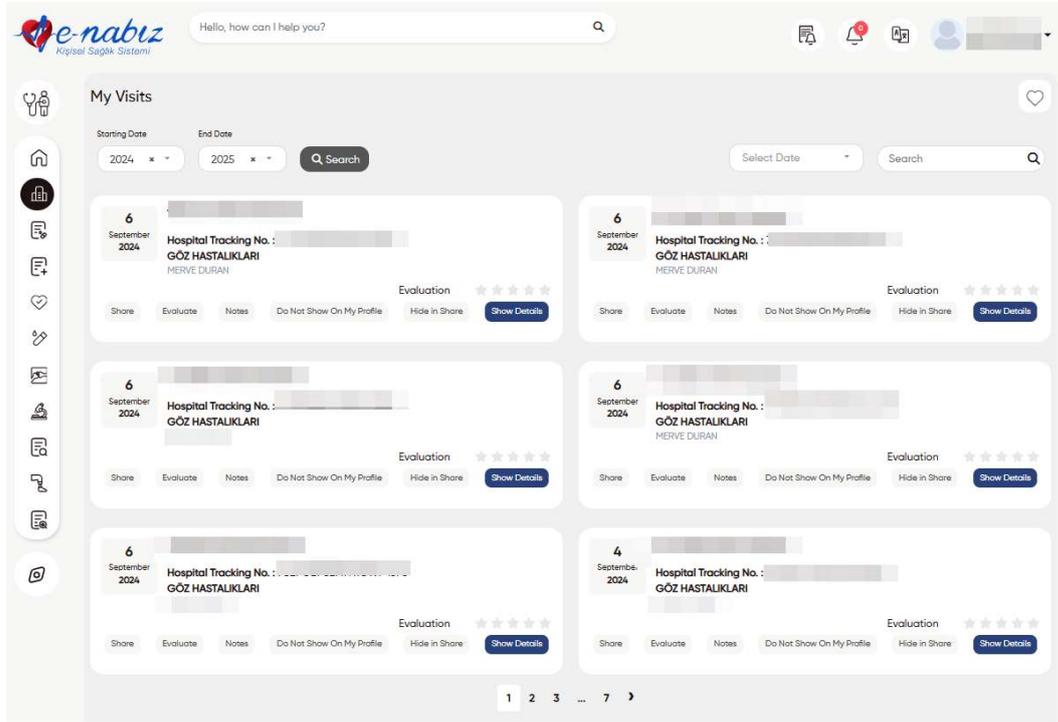


Figure 17: My Health Facility Visits Screen

With the "View Details" button under the health facility visit, you can select the health facility visit you want and access your examination information with the procedure name and procedure time.

You can also access the details and contents of the prescription, diagnosis, report, tests performed and radiological images taken.

If you think that a procedure here does not belong to you, you can report it by clicking the 'This Procedure Does Not Belong to Me' button.

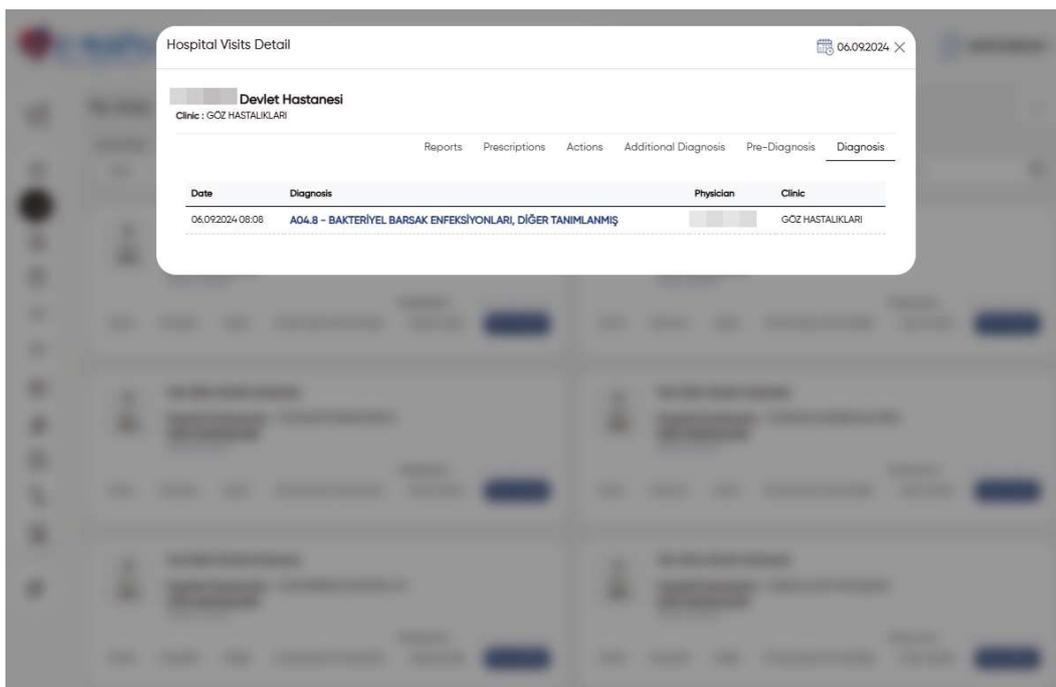


Figure 18: My Visits / Hospital Visits Details Screen

By clicking on the "Share" button, you can share your selected health information with the persons whose e-mail address and mobile phone number you will enter, for a temporary period to be set by you. The person you choose will be approved by you to view your health information by clicking on the link sent to their e-mail address and entering the verification code sent to their mobile phone.

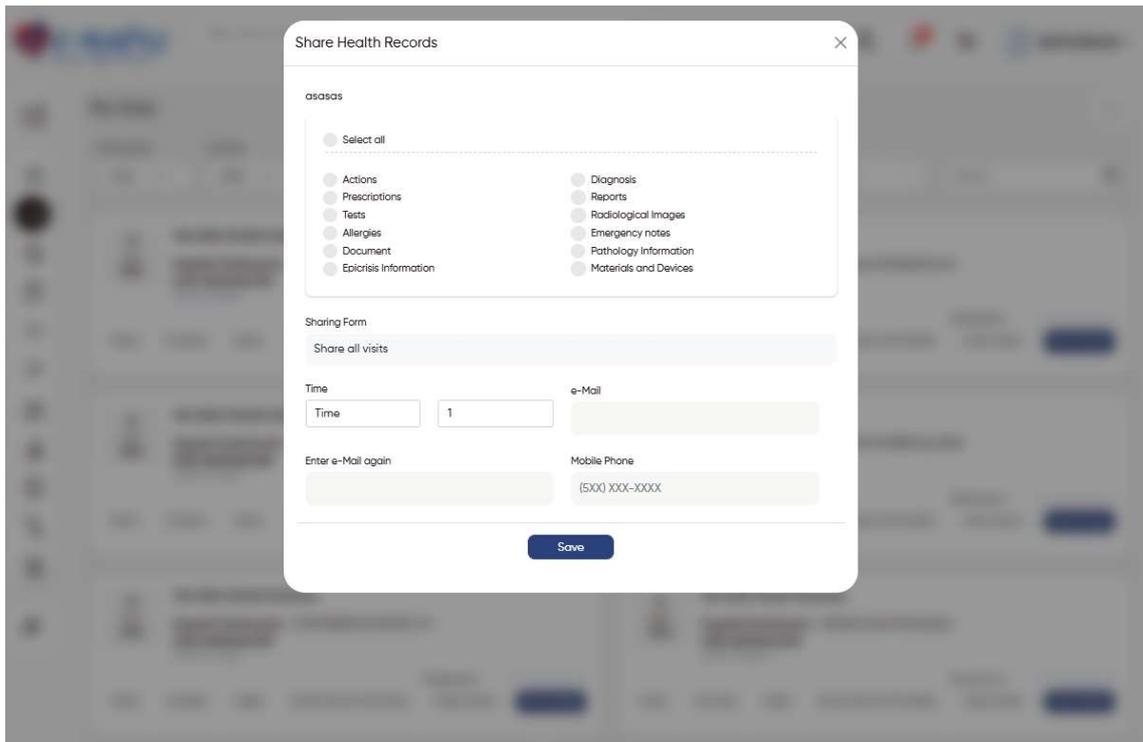


Figure 19: My Visits / Share Health Records Screen

With the "Evaluate" button, you can evaluate the health facility visit you have selected in terms of service quality and comment on the visit or delete your comments.

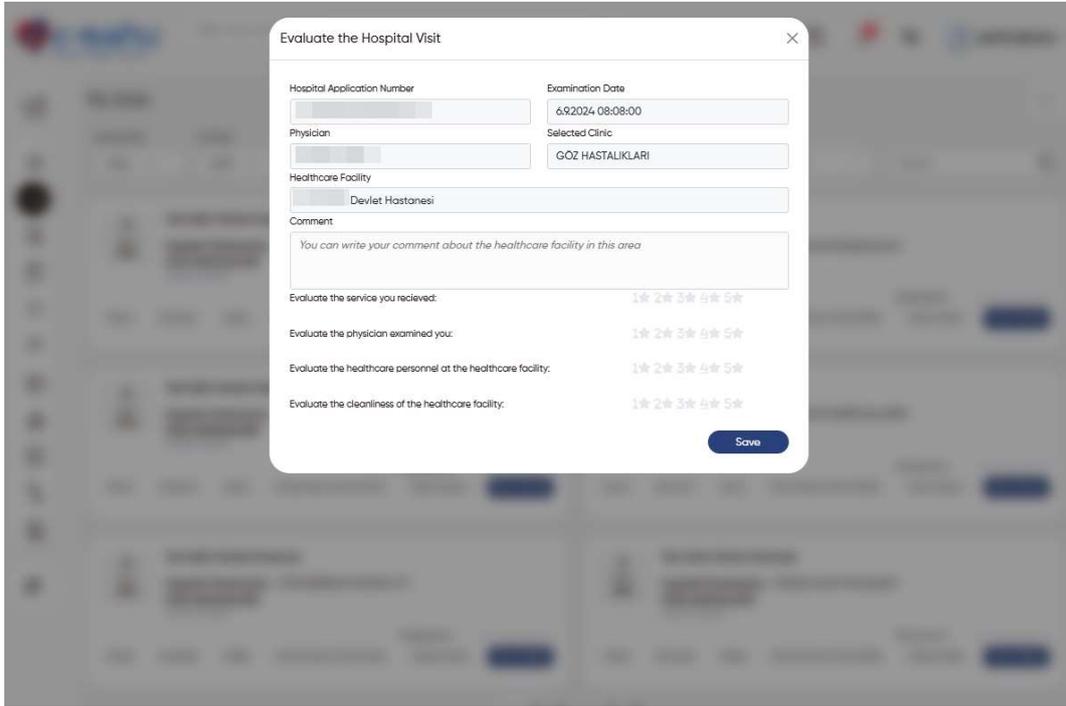


Figure 20: My Visits / Hospital Visit Evaluation Screen

By logging in to your profile via e-Government Gateway you can click on the "Do Not Display in My Profile" button and ensure that all data related to your visit is not visible in your profile.

The hiding process is only valid for your own profile; the hidden data will not be deleted from the servers of the relevant health facility or the Ministry.

To re-display your hidden data on your profile, you must submit a letter of application to the nearest Provincial Health Directorate.

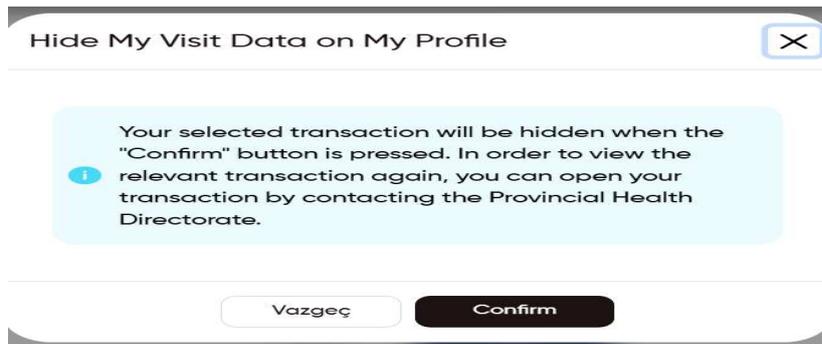


Figure 21: My Visits / Do Not Display My Visit Data in My Profile Screen

My Prescriptions

1. My Medication Prescriptions

When you click on the "My Prescriptions" tab, all prescriptions written by physicians since the system was launched will be displayed in date order on the "My Prescriptions" screen.

By clicking on the "View Details" button of the prescription, you can access the detailed information of your prescription such as medications, method of administration, and number of uses, as well as the prescribed and purchased medications.

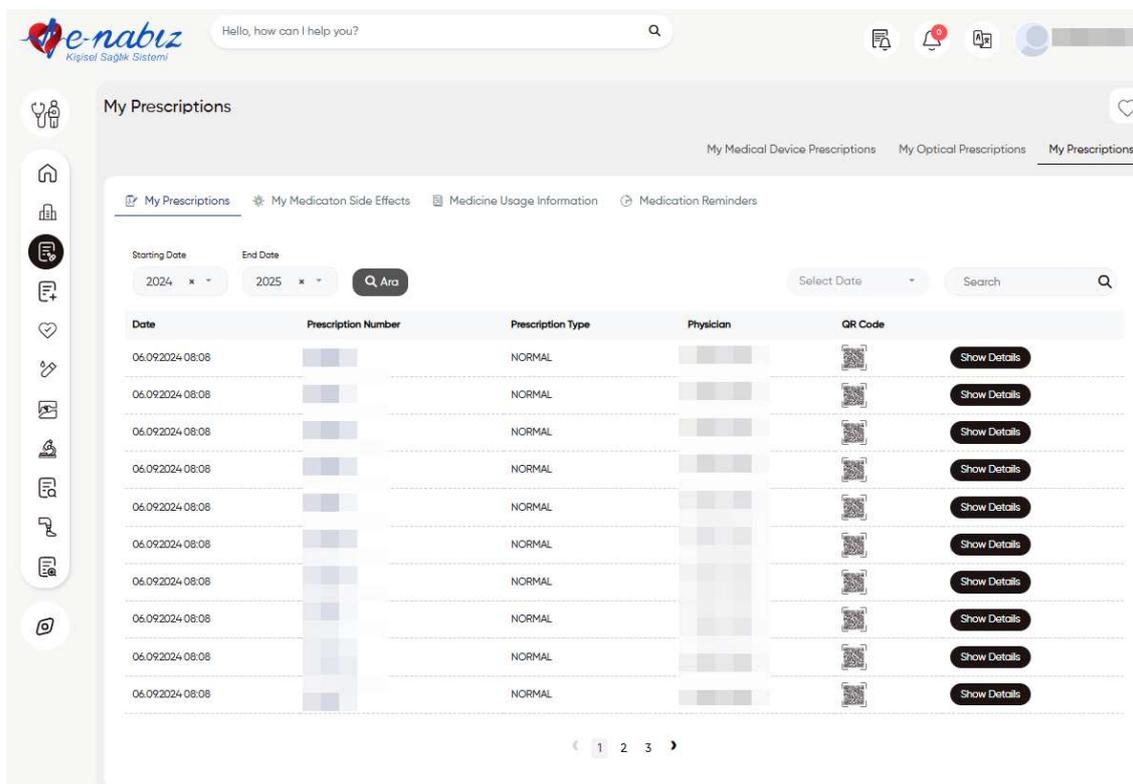
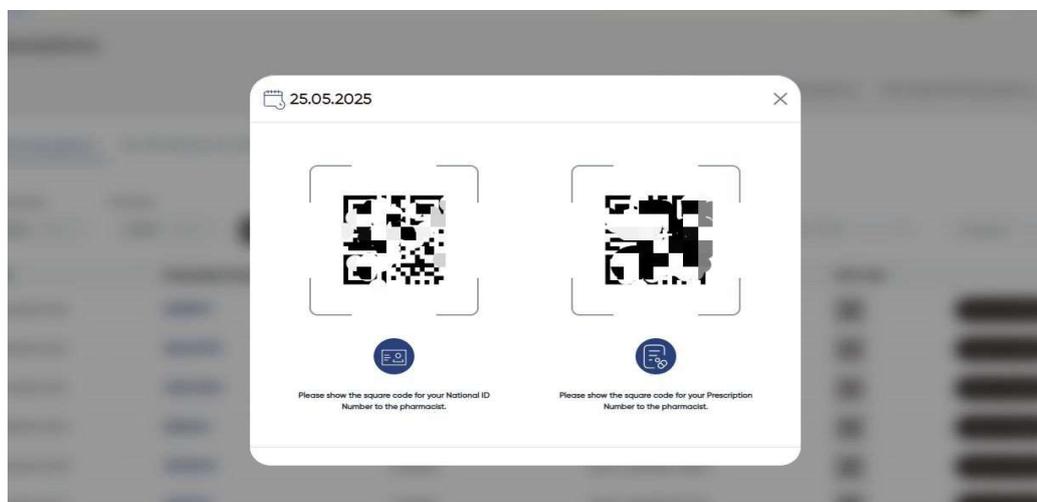


Figure 22. My Prescriptions Screen

Your pharmacist will be able to access your prescription information with your "Identity Number" and "Prescription Number" by using the QR code in the system.

When you show the QR code to your pharmacist after clicking on the 'QR Code' option on the My Prescriptions page, your prescription information will be shown.



After clicking on the "View Detail" button, you can access the box picture, package insert and usage history when you click on the "Actions" button, and you can enter side effects and indications on a medication basis with the "Add Side Effect" button.

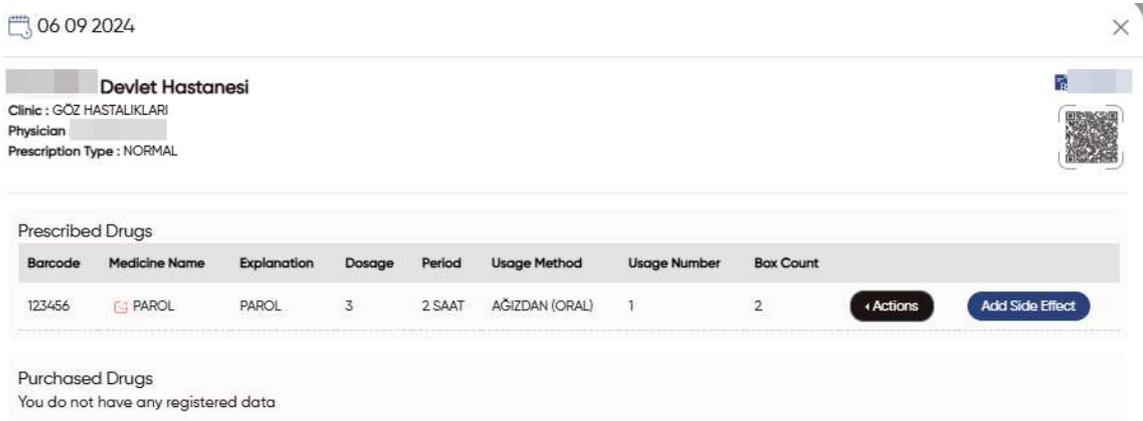


Figure 23. My Prescriptions / Prescription Details Screen

You can view the box picture of your medication by clicking on "Box Picture" in the prescription detail.

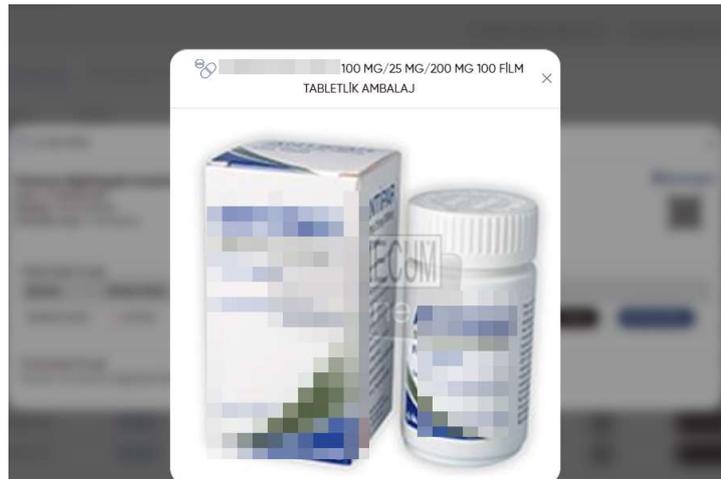


Figure 24. My Prescriptions / Box Picture Screen

You can see the "My Medication Reminders" information that you can only add in e-Nabız mobile application in My Prescriptions section.

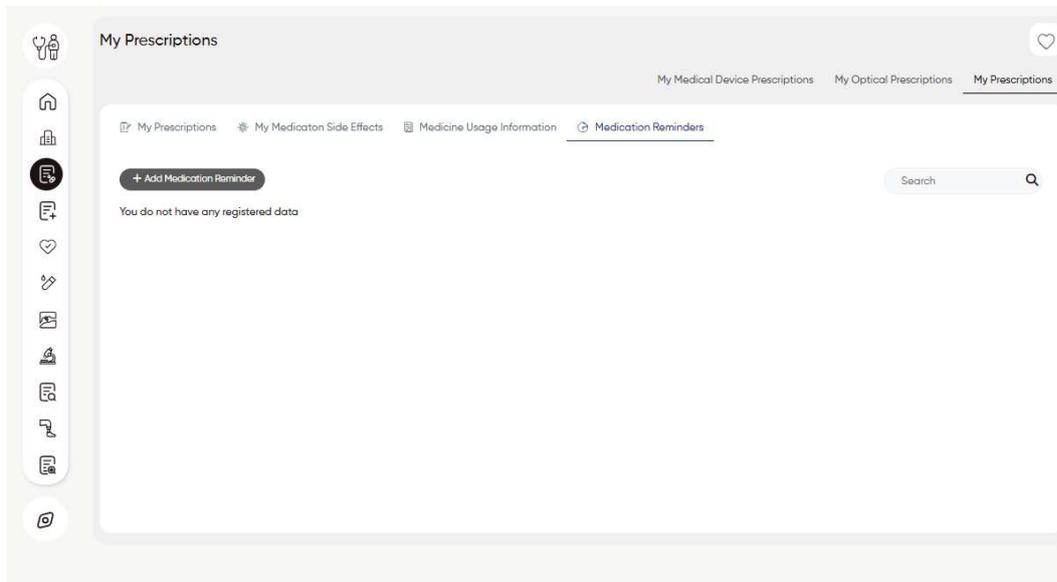


Figure 25. My Prescriptions / My Medication Reminders Screen

Click on the barcode number of a prescribed medication to access the package insert information. The medication information you see here is provided by a company contracted with the Ministry of Health. Please note that all information in the system is only for the purpose of information and use your medicines in the doses and manners as recommended by your physicians.

You should consult your physicians in case you notice anything that is important for your health condition while taking medication.

When you click on the "My Medication Usage Information" button on the "My Prescriptions" screen, you can view your previously added medication usage information from the screen that opens. If you have not yet added any medication, you can add your medication usage details by clicking the "Add New Medication Usage" button in the upper left corner.

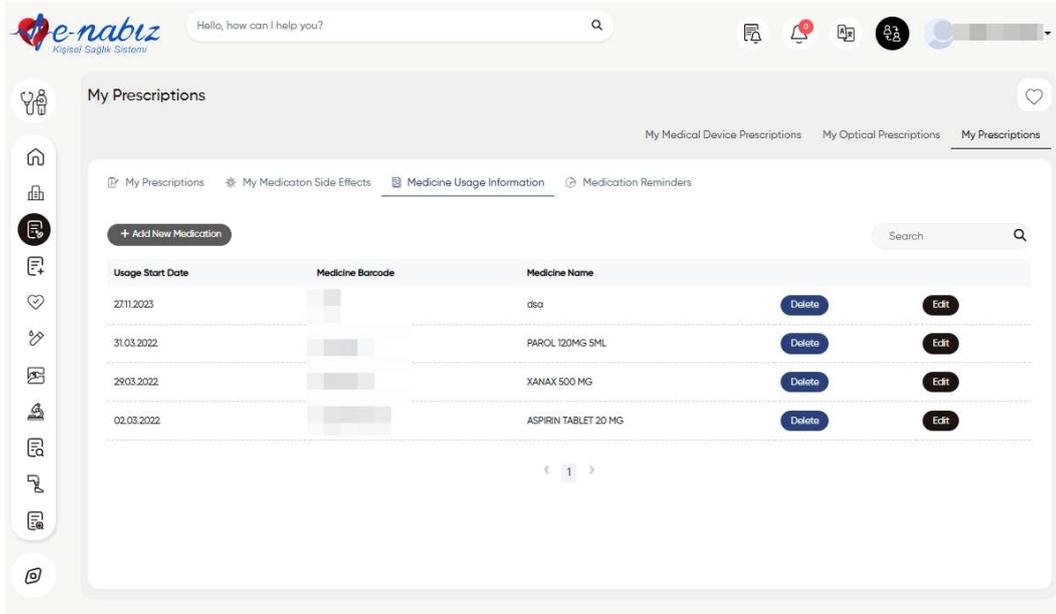


Figure 26. My Prescriptions / My Medication Prescriptions / My Medication Usage Information Screen

When you click on the "My Medication Side Effects" button on the "My Prescriptions" screen, you can view your previously added drug side effects information on the screen that opens. If you have not yet added any medication, you can add your side effect information from your mobile application.

2. My Optical Prescriptions

When you click on the My Prescriptions tab, the "My Drug Prescriptions", "My Optical Prescriptions" and "My Medical Device Prescriptions" menus are displayed. You can access your optical prescriptions from this page by clicking on the My Optical Prescriptions menu. You can also view the PDF of your optical prescription by clicking the View Details button.

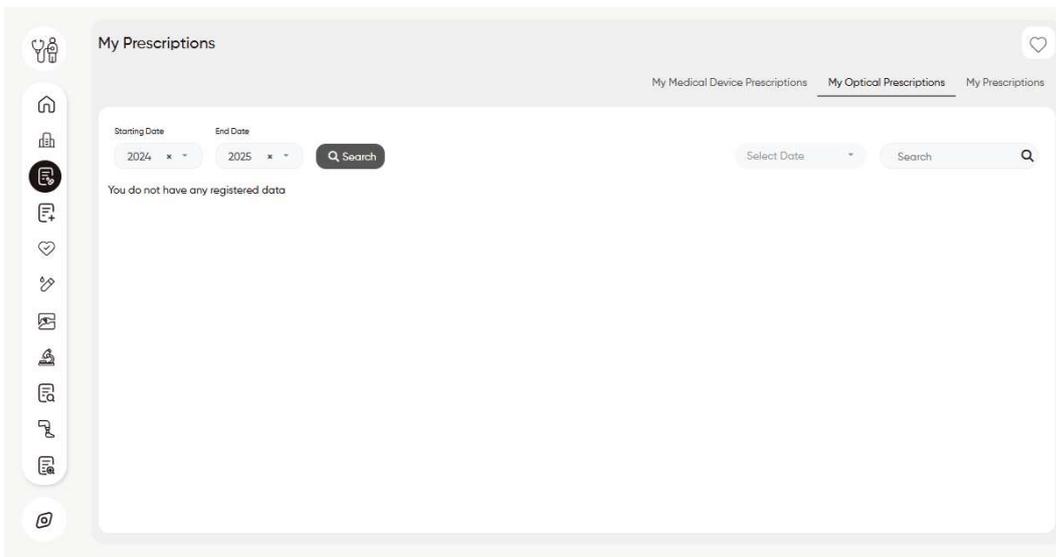


Figure 27. My Prescriptions / My Optical Prescriptions Screen

3. My Medical Device Prescriptions

When you click on the "Prescriptions" tab, you will see the menus "Medication Prescriptions," "Optical Prescriptions," and "Medical Device Prescriptions." By clicking on the "Medical Device Prescriptions" menu, you can access your medical device prescriptions from this page. You can also click the "View Details" button to see information related to your optical prescription, including Medical Device Name, Quantity, Usage Location, Usage Period, Usage Method, and Description fields.

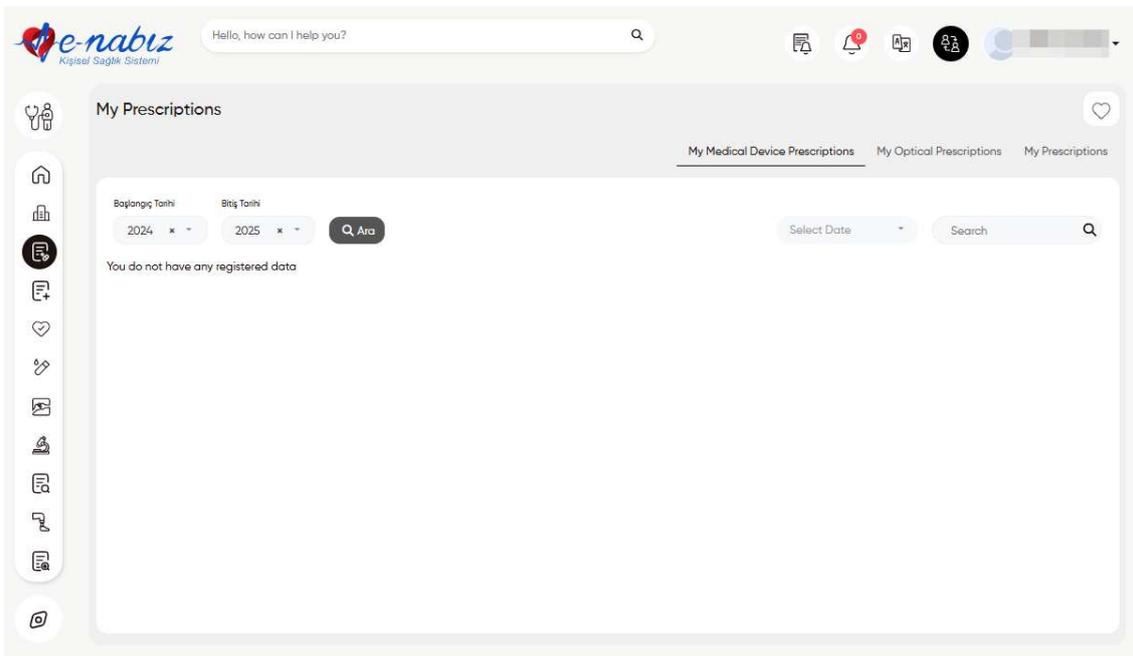


Figure 28. My Prescriptions / Medical Device Prescriptions Screen

My Reports

1. My Reports

When you click on the My Reports tab, the "My Reports" and "My Applications" menus appear. You can see all the reports written by your physician listed on the "My Reports" page. You can receive medication, material and rest reports prepared by your physician through this platform and share your reports with people you specify.

Starting Date: 2024, End Date: 2025, Search: [Search]

Date	Report Number	Report Tracking Number	Report Type	Starting Date	End Date	Diagnosis	Action
06.09.2024	[Redacted]	[Redacted]	ADÜ	06.06.2024	12.12.2024	BAKTERİYEL BARSAK ENFEKSİYONLARI, DİĞER TANIMLANMIŞ	Do Not Show On My Profile
06.09.2024	[Redacted]	[Redacted]	ADÜ	06.06.2024	12.12.2024	BAKTERİYEL BARSAK ENFEKSİYONLARI, DİĞER TANIMLANMIŞ	Do Not Show On My Profile
06.09.2024	[Redacted]	[Redacted]	ADÜ	06.06.2024	12.12.2024	BAKTERİYEL BARSAK ENFEKSİYONLARI, DİĞER TANIMLANMIŞ	Do Not Show On My Profile
06.09.2024	[Redacted]	[Redacted]	ADÜ	06.06.2024	12.12.2024	BAKTERİYEL BARSAK ENFEKSİYONLARI, DİĞER TANIMLANMIŞ	Do Not Show On My Profile
06.09.2024	[Redacted]	[Redacted]	ADÜ	06.06.2024	12.12.2024	BAKTERİYEL BARSAK ENFEKSİYONLARI, DİĞER TANIMLANMIŞ	Do Not Show On My Profile
03.09.2024	[Redacted]	[Redacted]	ADÜ	06.06.2024	12.12.2024	BAKTERİYEL BARSAK ENFEKSİYONLARI, DİĞER TANIMLANMIŞ	Do Not Show On My Profile
17.04.2024	[Redacted]	[Redacted]	ADÜ	01.01.2024	30.12.2024	KOLERA, VİBRİO CHOLERAEE 01, BİOVAR ELTORA BAĞLI	Do Not Show On My Profile
27.03.2024	[Redacted]	[Redacted]	ADÜ	01.01.2024	30.12.2024	KOLERA, VİBRİO CHOLERAEE 01, BİOVAR ELTORA BAĞLI	Do Not Show On My Profile
27.03.2024	[Redacted]	[Redacted]	ADÜ	01.01.2024	30.12.2024	KOLERA, VİBRİO CHOLERAEE 01, BİOVAR ELTORA BAĞLI	Do Not Show On My Profile
28.02.2024	[Redacted]	[Redacted]	MESLEK HASTALIĞI	01.01.2024	30.12.2024	KOLERA, VİBRİO CHOLERAEE 01, BİOVAR ELTORA BAĞLI	Do Not Show On My Profile

Figure 29: My Reports / My Reports Screen

2. My applications

You can view your International and Off-Label Drug Report Application status by clicking on the My Applications menu. You can review the Application Number, Application Type, Application Date and Application Status in the My Applications menu.

1 For your questions, you can contact the Call Center at 444 4 680.

Application Number	Reference Type	Application Date	Application Status	Action
[Redacted]	Endikasyon Dışı	29.08.2024	Değerlendirmede	
[Redacted]	Yurtdışı	29.08.2024	Değerlendirmede	
[Redacted]	Endikasyon Dışı	30.04.2024	Onaylandı	Show Details
[Redacted]	Endikasyon Dışı	30.04.2024	Onaylandı	
[Redacted]	Endikasyon Dışı	24.07.2023	Reddedildi	
[Redacted]	Yurtdışı	12.04.2023	Değerlendirmede	
[Redacted]	Endikasyon Dışı	12.04.2023	Değerlendirmede	
[Redacted]	Yurtdışı	12.04.2023	Değerlendirmede	
[Redacted]	Yurtdışı	22.03.2024	Reddedildi	
[Redacted]	Endikasyon Dışı	12.04.2023	Değerlendirmede	

Figure 30: My Reports / My Applications Screen

My Diseases

On the My Diseases page, you can see all diagnoses made after your examinations by date, diagnosis, clinic and physician.

The screenshot shows the 'My Diseases' page in the e-nabız system. The page features a search bar at the top with the text 'Hello, how can I help you?'. Below the search bar, there are filters for 'Starting Date' (2024) and 'End Date' (2025), along with a 'Search' button. The main content is a table with the following columns: Date, Diagnosis, Clinic, and Physician. The table lists several entries, each with a 'Show Details' button. The data is as follows:

Date	Diagnosis	Clinic	Physician	Action
07.11.2024 08:08	A01.0 - TİFO	ENFEKSİYON HASTALIKLARI VE KLİNİK MİKROBİYOLOJİ		Show Details
07.11.2024 08:08	A00.0 - KOLERA, VIBRIO CHOLORÆA O1, BIOVAR KOLERAYA BAĞLI	ENFEKSİYON HASTALIKLARI VE KLİNİK MİKROBİYOLOJİ		Show Details
07.11.2024 08:08	A00 - KOLERA	ENFEKSİYON HASTALIKLARI VE KLİNİK MİKROBİYOLOJİ		Show Details
07.11.2024 08:08	A00 - KOLERA	ENFEKSİYON HASTALIKLARI VE KLİNİK MİKROBİYOLOJİ		Show Details
07.11.2024 08:08	A00 - KOLERA	ENFEKSİYON HASTALIKLARI VE KLİNİK MİKROBİYOLOJİ		Show Details
07.11.2024 08:08	A00.1 - KOLERA, VIBRIO CHOLERÆA O1, BIOVAR ELTORA BAĞLI	ENFEKSİYON HASTALIKLARI VE KLİNİK MİKROBİYOLOJİ		Show Details
07.11.2024 08:08	A00 - KOLERA	ENFEKSİYON HASTALIKLARI VE KLİNİK MİKROBİYOLOJİ		Show Details
07.11.2024 08:08	A00.9 - KOLERA, TANIMLANMAMIŞ	ENFEKSİYON HASTALIKLARI VE KLİNİK MİKROBİYOLOJİ		Show Details
01.11.2024 09:34	A01 - TİFO VE PARATİFO	İÇ HASTALIKLARI		Show Details
01.11.2024 08:08	A04.8 - BAKTERİYEL BARSAK ENFEKSİYONLARI, DİĞER TANIMLANMIŞ	ENFEKSİYON HASTALIKLARI VE KLİNİK MİKROBİYOLOJİ		Show Details

At the bottom of the table, there is a pagination control showing '1 2 3 4 5 ... 13'.

Figure 31. My Diseases Screen

My Tests

You can list all tests you have had, their results and their reference values by the date and description, and you can access the details by clicking on the test you want. You can filter by date range and procedure name.

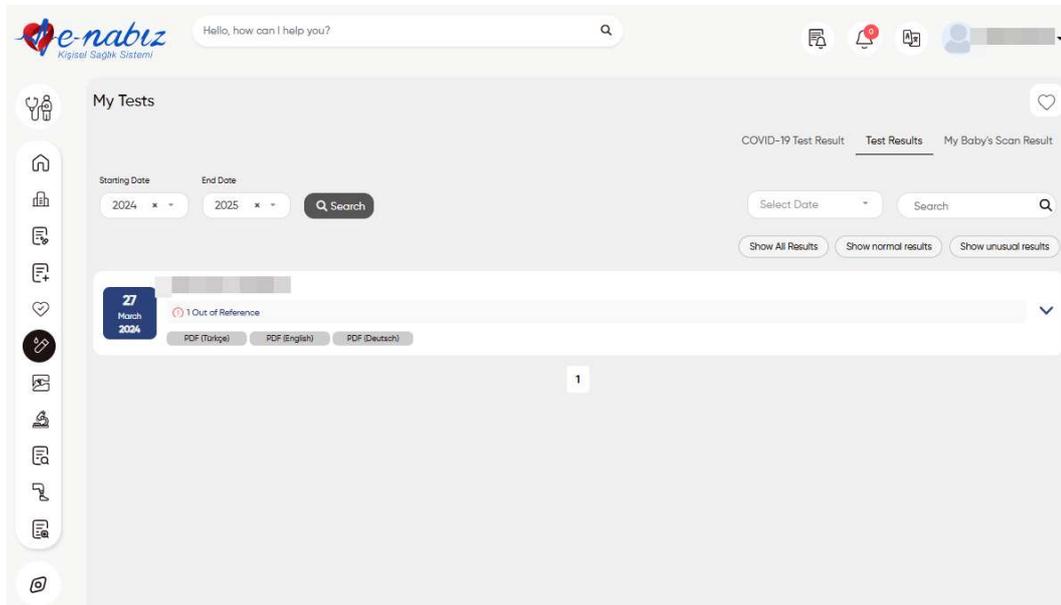


Figure 32: My Tests Screen

If your test results are outside the reference value ranges, this difference will be color-coded and displayed to you. With the PDF button, you can save all your test results in your computer in pdf format, select only the test result you want or select your tests in a certain date range and download them to your computer. By clicking on the 'This procedure does not belong to me' button, you can also provide feedback on tests that you think do not belong to you. You can see your analysis result on the chart by clicking on the chart icon, and you can see your result values on the table with the table button on the same page.

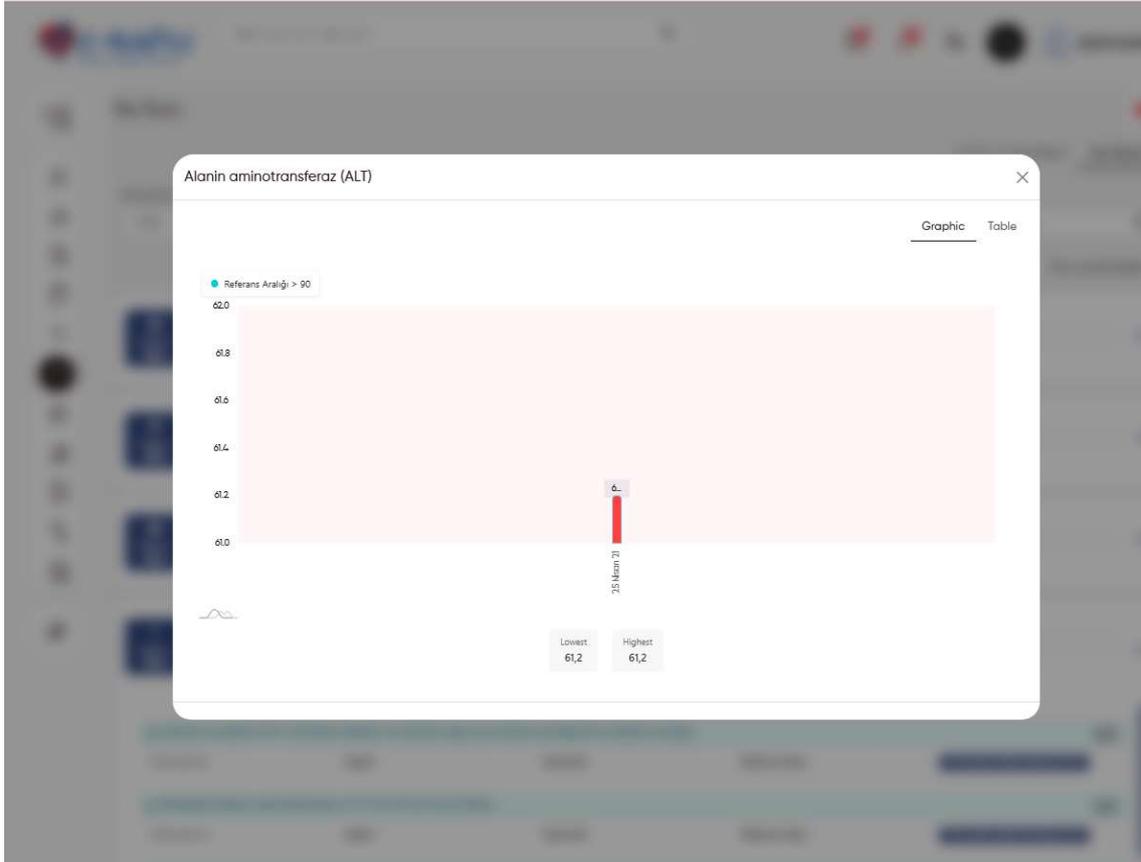


Figure 33: My Tests / Test Results Chart Display Screen

My Radiological Images

Thanks to the Teleradiology System integration, you can access all your medical images and radiological reports by the date, hospital and image. You can also access the details of any image and report by clicking on it.

You can share your images and reports with physicians and family members via the Internet and mobile application.

Physicians can add their own comments as well as evaluate the reports written by other physicians on the current image.

When you want to get evaluations from different physicians about your disease, you will not need to repeat the same imaging request in different hospitals.

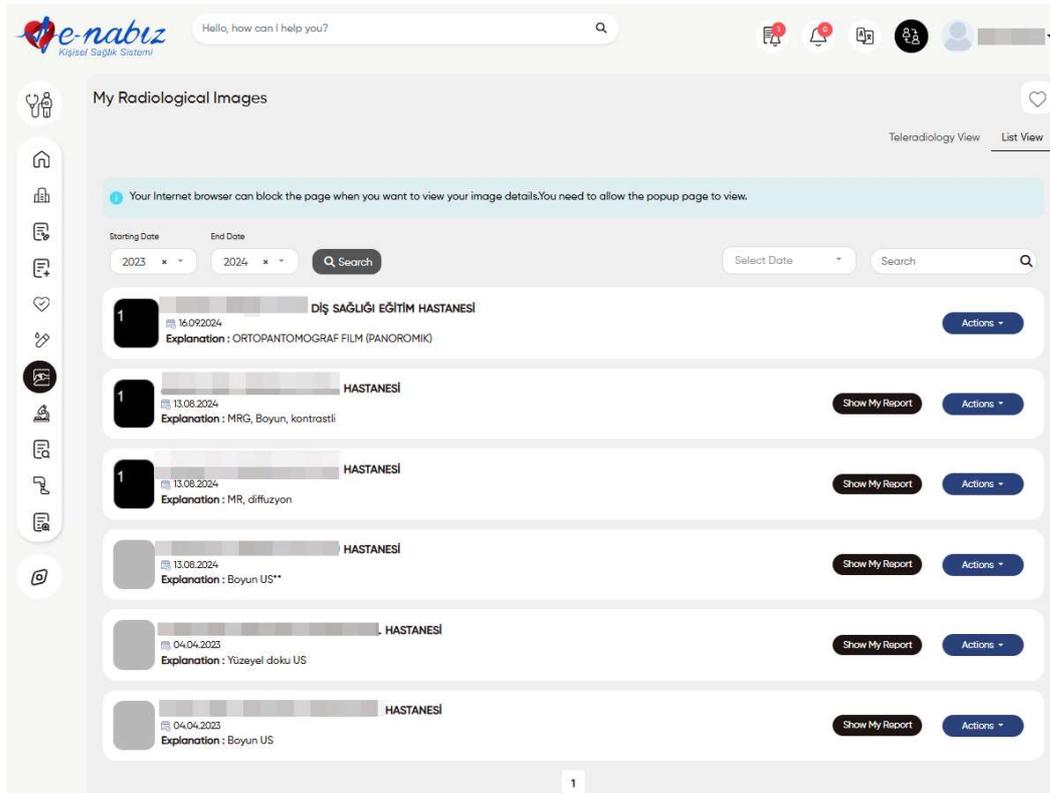


Figure 34: My Radiology Images Screen

Pathology Information

You can download the report of the pathology procedure that you have undergone in health institutions for the diagnosis of all diseases, treatment options and determination of diseases associated with genetic syndromes from this page.

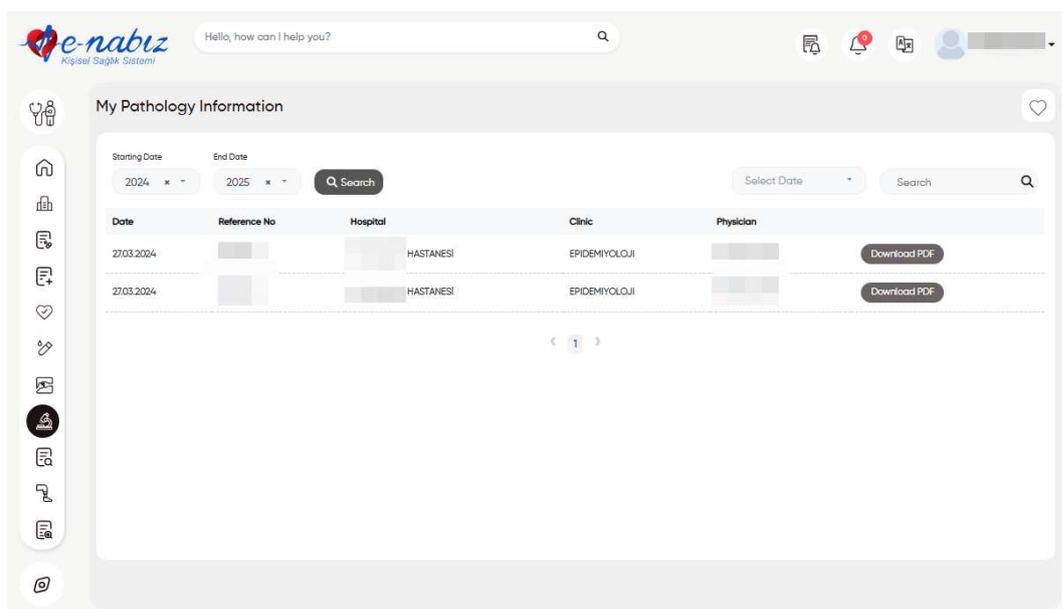


Figure 35: My Pathological Information Screen

My Epicrisis Information

You can download the report containing all the information that determines your navigational status in health institutions. Your epicrisis report contains information about the disease, its diagnosis and treatment. You can access your epicrisis information from the listing screen and download it as pdf and view it.

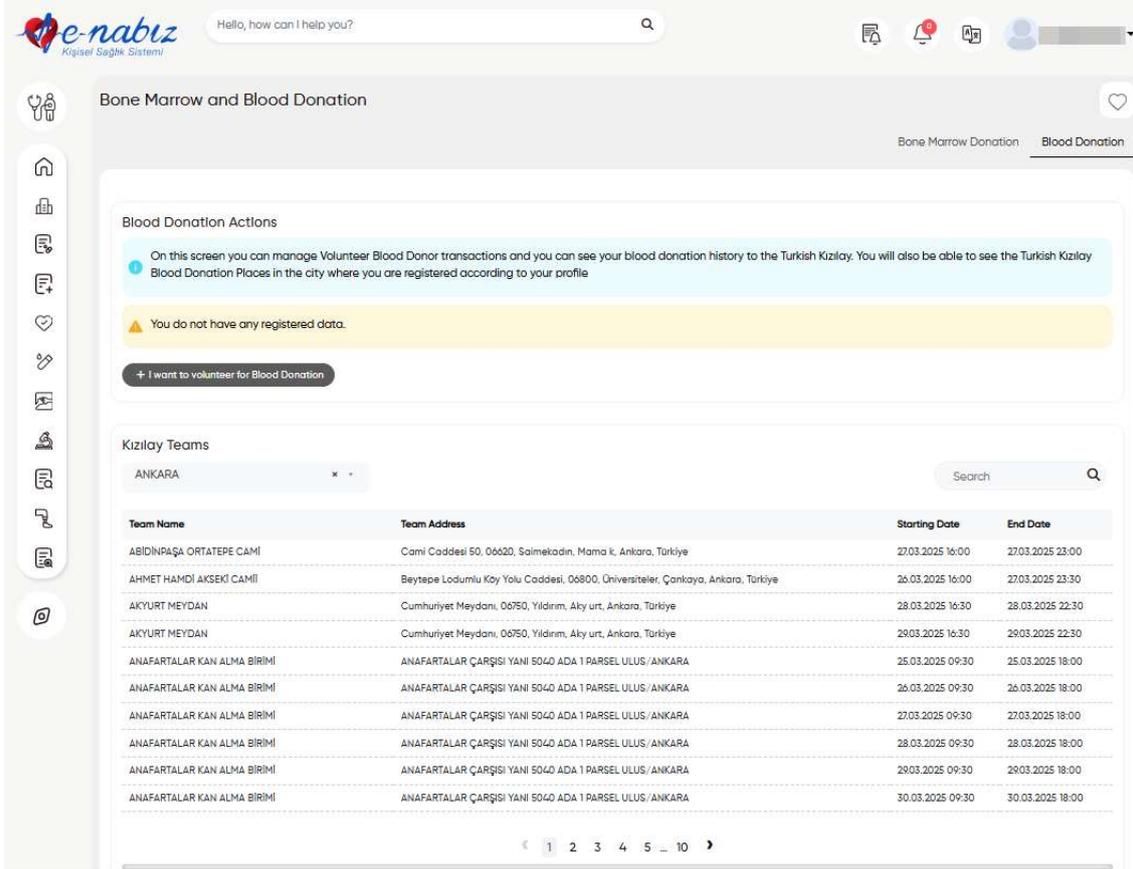
The screenshot displays the 'Epicrisis Information' screen. At the top, there is a search bar with the text 'Hello, how can I help you?' and a search icon. Below the search bar, there are two date filters: 'Starting Date' set to '2024' and 'End Date' set to '2025', both with dropdown arrows and a 'Search' button. To the right of these filters is a 'Select Date' dropdown and another search bar. The main content area is a table with the following columns: 'Date', 'Reference No', 'Hospital', 'Clinic', and 'Physician'. There are four rows of data, all dated '27.03.2024', with 'HASTANESI' as the hospital and 'ÇOCUK ACIL' as the clinic. Each row has a 'Download PDF' button to its right. Below the table, there is a pagination control showing '< 1 >'. On the left side of the screen, there is a vertical sidebar with various navigation icons. At the top left, the 'e-nabız' logo is visible with the tagline 'Kişisel Sağlık Sistemi'.

Date	Reference No	Hospital	Clinic	Physician	
27.03.2024		HASTANESI	ÇOCUK ACIL		Download PDF
27.03.2024		HASTANESI	ÇOCUK ACIL		Download PDF
27.03.2024		HASTANESI	ÇOCUK ACIL		Download PDF
27.03.2024		HASTANESI	ÇOCUK ACIL		Download PDF

Figure 36: My Epicrisis Information Screen

Blood Donation

You can view the address and date information of blood donation teams and track your blood donation history.



The screenshot displays the 'My Blood Donations Screen' in the e-nabiz mobile application. The interface includes a search bar at the top, a navigation menu on the left, and a main content area. The main content area is divided into two sections: 'Blood Donation Actions' and 'Kızılay Teams'.

Blood Donation Actions

On this screen, you can manage Volunteer Blood Donor transactions and you can see your blood donation history to the Turkish Kızılay. You will also be able to see the Turkish Kızılay Blood Donation Places in the city where you are registered according to your profile.

You do not have any registered data.

+ I want to volunteer for Blood Donation

Kızılay Teams

ANKARA

Team Name	Team Address	Starting Date	End Date
ABDİNPAŞA ORTATEPE CAMİ	Cami Caddesi 50, 06620, Saimtekadin, Mama k, Ankara, Türkiye	27.03.2025 16:00	27.03.2025 23:00
AHMET HAMDİ AKSEKİ CAMİ	Beştepe Lodumlu Koy Yolu Caddesi, 06800, Üniversiteler, Çankaya, Ankara, Türkiye	26.03.2025 16:00	27.03.2025 23:30
AKYURT MEYDAN	Cumhuriyet Meydanı, 06750, Yıldırım, Akyurt, Ankara, Türkiye	28.03.2025 16:30	28.03.2025 22:30
AKYURT MEYDAN	Cumhuriyet Meydanı, 06750, Yıldırım, Akyurt, Ankara, Türkiye	29.03.2025 16:30	29.03.2025 22:30
ANAFARTALAR KAN ALMA BİRİMİ	ANAFARTALAR ÇARŞISI YANI 5040 ADA 1 PARSEL ULUS / ANKARA	25.03.2025 09:30	25.03.2025 18:00
ANAFARTALAR KAN ALMA BİRİMİ	ANAFARTALAR ÇARŞISI YANI 5040 ADA 1 PARSEL ULUS / ANKARA	26.03.2025 09:30	26.03.2025 18:00
ANAFARTALAR KAN ALMA BİRİMİ	ANAFARTALAR ÇARŞISI YANI 5040 ADA 1 PARSEL ULUS / ANKARA	27.03.2025 09:30	27.03.2025 18:00
ANAFARTALAR KAN ALMA BİRİMİ	ANAFARTALAR ÇARŞISI YANI 5040 ADA 1 PARSEL ULUS / ANKARA	28.03.2025 09:30	28.03.2025 18:00
ANAFARTALAR KAN ALMA BİRİMİ	ANAFARTALAR ÇARŞISI YANI 5040 ADA 1 PARSEL ULUS / ANKARA	29.03.2025 09:30	29.03.2025 18:00
ANAFARTALAR KAN ALMA BİRİMİ	ANAFARTALAR ÇARŞISI YANI 5040 ADA 1 PARSEL ULUS / ANKARA	30.03.2025 09:30	30.03.2025 18:00

Figure 37: My Blood Donations Screen

When you become a Voluntary Blood Donor, Turkish Kızılay will contact you via SMS if there is an urgent need for blood in the provinces and districts you have entered.

I want to volunteer for Blood Donation

*** In case of approval, if there is an urgent need for blood in provinces and districts you have specified, your ID Number alongside with your mobil phone number and blood type will be shared with Turkish Kizilay via secure web services, and the Turkish Kizilay will get in contact with you via SMS.

City where you would like to be contacted by SMS for blood donation in case of need for blood
ANKARA

Districts where you would like to be contacted by SMS for blood donation in case of need for blood
Select Provin

Days that you would like to be contacted by SMS for blood donation in case of need for blood
Select Day

Times that you would like to be contacted by SMS for blood donation in case of need for blood
Select Time

Situations where you would like to be contacted by SMS for blood donation in case of need for blood

Only in emergency circumstances

Only in Disasters

In both situations

Cancel Continue

Figure 38: Voluntary Blood Donor Membership Screen

Volunteer Blood Donor Recognition Form

Is the information I provide for Blood Donation preserved?
All shared information is kept both ethically and legally confidential.

How long does blood take for blood donation to complete?
The entire registration, examination, blood donation and catering takes approximately 30-35 minutes.

Do I have to submit an ID for blood donation?
Donors must identify themselves by giving their name and surname, date of birth (day / month / year), ID card containing their ID number and permanent address information before each blood donation transaction. Otherwise they will not be accepted for donation.

At what intervals can blood donations be made?
The donation interval for healthy individuals is once every 90 days for men and 120 days for women..

Can an application for Blood Donation be rejected?
As a result of the examination, if the donated blood can harm you or the patient, the doctor may postpone your blood donation for a period of time by disclosing to you the reasons. In some cases (carrier disease etc.) it may be an obstacle to blood donation throughout your life..

I agree to share my ID number, mobile number and blood type with Turkish Kizilay only in cases of emergency, disaster or both and only for the city, county, day and time of my choosing..

Cancel Forward my request to be a Volunteer Blood Donor

Figure 39: Voluntary Blood Donor Consent Form

Bone Marrow Donation

You can submit your request to become a Voluntary Bone Marrow Donor via the form on this page.

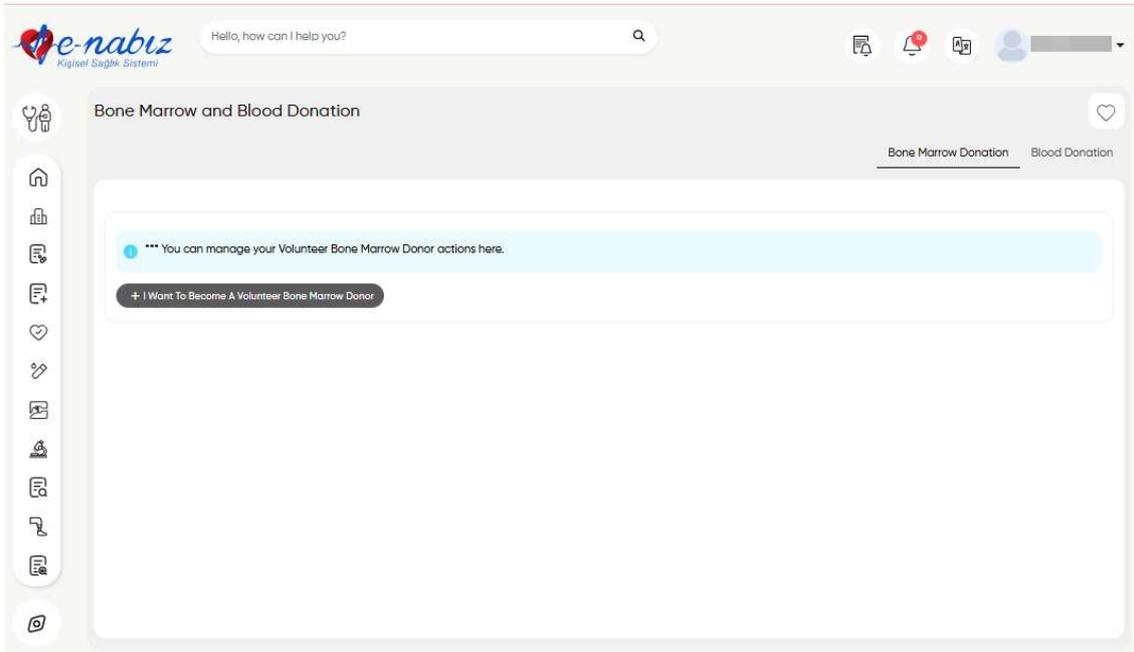


Figure 40: Voluntary Bone Marrow Donation Screen

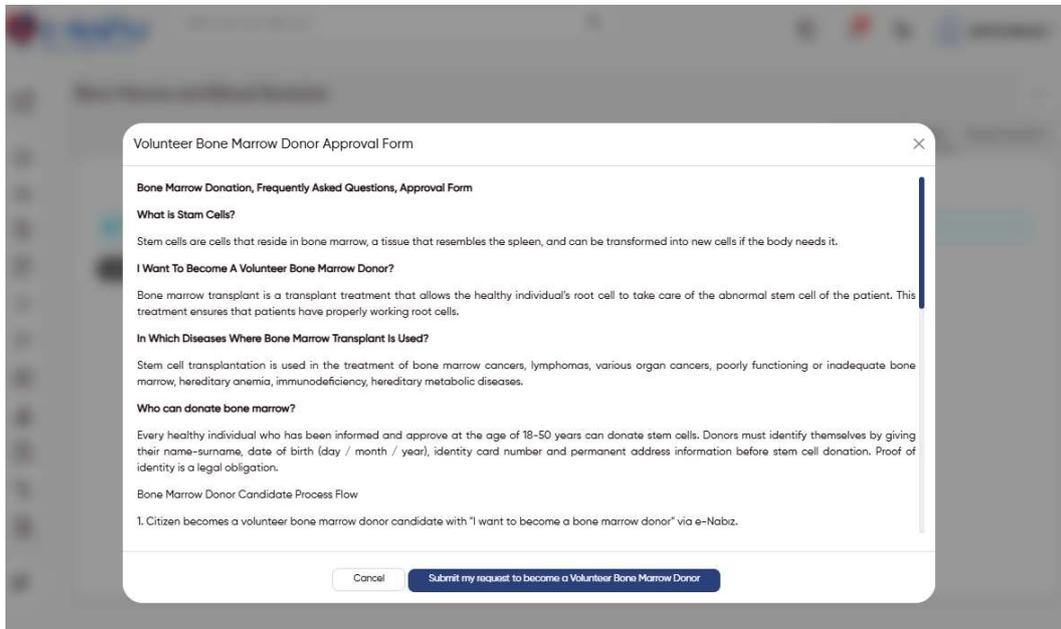


Figure 41: Voluntary Bone Marrow Donor Consent Form

COVID-19

You can learn your risk status for Covid-19 vaccine, view your vaccine calendar and vaccine information.

The screenshot shows the 'COVID-19' section of the e-nabız system. At the top, there is a search bar with the text 'Hello, how can I help you?'. Below the search bar, there are three tabs: 'EU Compliant Health Pass', 'COVID - 19 Vaccine Card', and 'COVID - 19 Vaccine Informations'. The 'COVID - 19 Vaccine Informations' tab is selected. A green notification box states: 'Your vaccine definition has been made for the COVID-19 pandemic vaccination. You can get vaccinated by making your appointment via the Central Physician Appointment System (MHRIS)'. Below this, there are two buttons: 'Make an Appointment with the Family Physician' and 'Make an Appointment with the Hospital'. The main content area contains two tables. The first table lists vaccine details:

Vaccine	Company	Vaccine Dose	Place of the Vaccination	Process Date
Turkovac (Inaktif aş)	SET A.Ş.	Reminder Dose	ANKARA CITY HOSPITAL	19.08.2021
Biontech (mRNA aş)	Biontech Manufacturing GmbH	1	FLORENCE NIGHTINGALE HOSPITAL	15.03.2021
Biontech (mRNA aş)	Biontech Manufacturing GmbH	2	AMERICAN HOSPITAL	05.04.2021

The second table shows the planned vaccination date:

Vaccine	Company	Vaccine Dose	Planned Vaccination Date
Turkovac (Inaktif aş)	-	Reminder Dose	16.09.2021 - 23.09.2021

Figure 42. Covid-19 Vaccine Information Screen

You can view and download your EU Compliant Vaccine certificates, and vaccine cards. You can calendar an appointment for vaccine, view and download your appointment documents.

The screenshot shows the 'COVID-19 Vaccine Card' section of the e-nabız system. At the top, there is a search bar with the text 'Hello, how can I help you?'. Below the search bar, there are three tabs: 'EU Compliant Health Pass', 'COVID - 19 Vaccine Card', and 'COVID - 19 Vaccine Informations'. The 'COVID - 19 Vaccine Card' tab is selected. The main content area contains a table with columns: 'Countries in Which It Applies', 'Vaccine Name', 'Passport Number', 'Created Date', 'Vaccine Card', and 'Process'. There are two rows of data:

Countries in Which It Applies	Vaccine Name	Passport Number	Created Date	Vaccine Card	Process
Türkiye ve AB Üyesi Olmayan Ülkeler	BIONTECH, TURKOVAC	-	18.3.2025 14:07:55	View	PDF Delete
Türkiye, AB Covid Sertifika Programına Dahil Ülkeler ve Diğer Ülkeler	BIONTECH	-	18.3.2025 14:07:55	View	PDF Delete

Below the table, there is a 'Vaccine Card' section with a 'Create Card' button. A light blue box contains the following information:

- Vaccine cards with 3 and/or more doses of vaccine may be valid in Türkiye and Non-EU Countries.
- Vaccine cards produced for EU and EU Standards Countries are also valid in Türkiye.
- During travels to EU and EU Standard Countries, the validity rules of vaccines may differ between countries. For example, Sinovac vaccine is not accepted in all EU Countries, but for countries that accept this vaccine as valid, there is a QR code compatible with the EU Digital Covid Certificate Program on the vaccine card.

Figure 43. Covid-19 Vaccine Card Screen

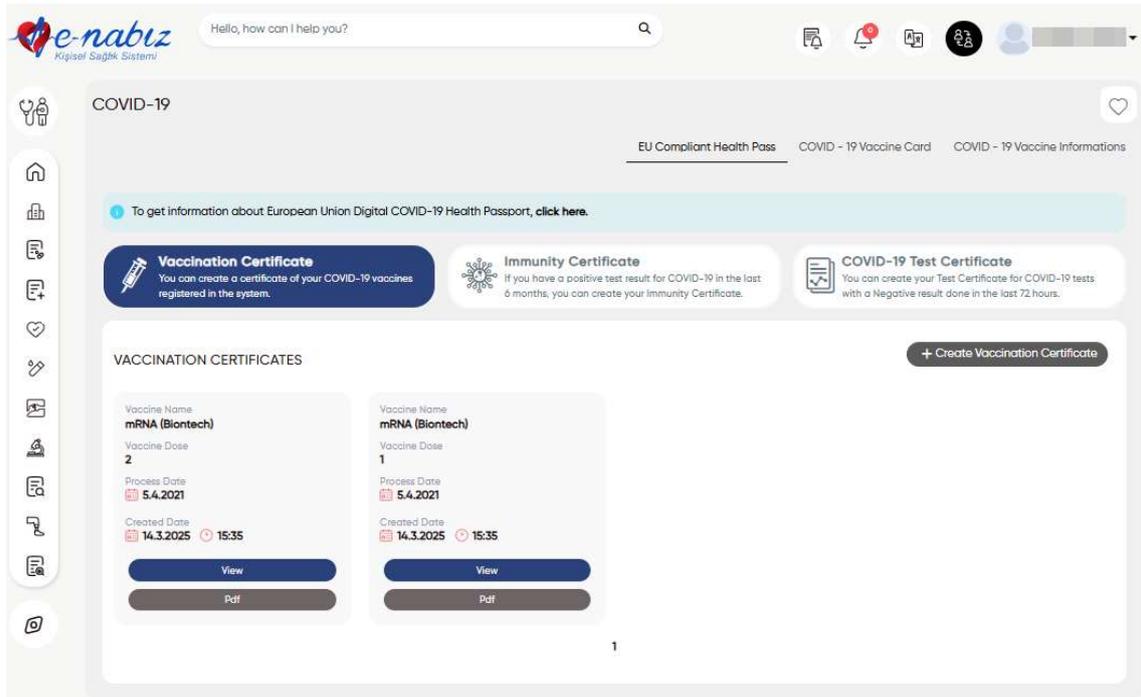


Figure 44. EU Compliant Health Passport Screen

My Allergies

You can record all allergies detected by you or your physician in this section with date details. You can log in to two separate sections, medication allergies and other allergies, and edit or delete your saved allergy information.

My Allergy Diagnoses and Skin Prick Tests is a section to be filled in by your physician. You cannot intervene in this section, you can only track this page.

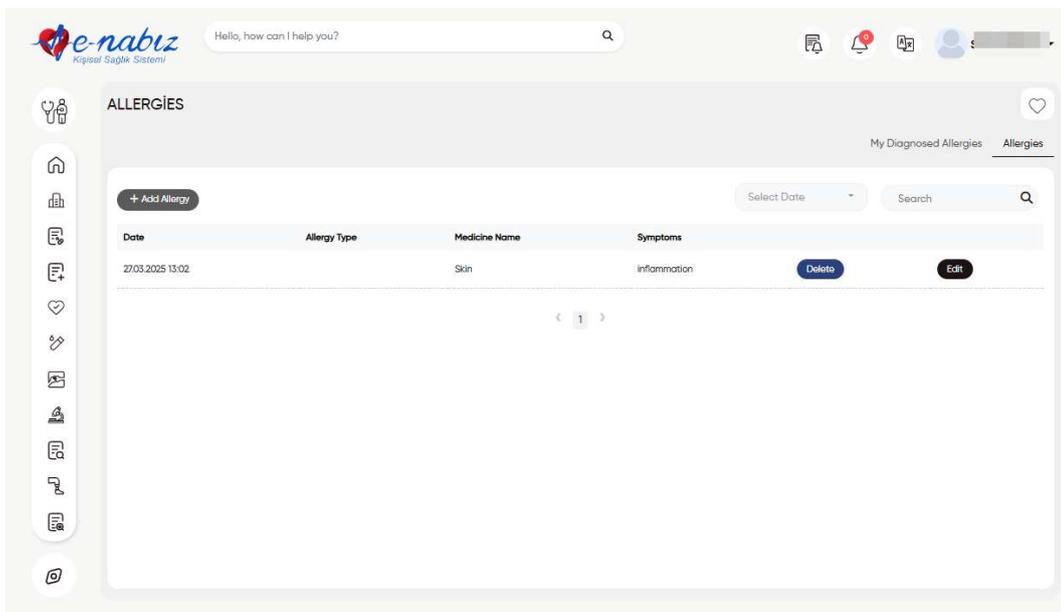


Figure 45. My Allergies Screen

Patient/Patient Relative Information

You can access the latest status information regarding the intensive care hospitalization information of yourself and your consenting relatives from this section.

You can also view the physician note written by your physician.

Intensive Care Information

Informing the Relatives of the Patient Patient Information

Starting Date: 2024 x - End Date: 2025 x - Search

Process Time	Institution Name	Intensive Care Type	Intensive Care Level	General Situation	Ventilation Status	Dialysis Device	Physician Note
09.05.2024 08:08		ERİŞKİN	1. BASAMAK YOĞUN BAKIM	İYİ	EVET	EVET	View
10.05.2024 08:08		ERİŞKİN	1. BASAMAK YOĞUN BAKIM	İYİ	EVET	EVET	View
10.05.2024 08:08		ERİŞKİN	1. BASAMAK YOĞUN BAKIM	İYİ	EVET	EVET	View
10.05.2024 08:08		ERİŞKİN	1. BASAMAK YOĞUN BAKIM	İYİ	EVET	EVET	View
27.08.2024 08:08		ERİŞKİN	1. BASAMAK YOĞUN BAKIM	İYİ	EVET	EVET	View
27.08.2024 08:08		ERİŞKİN	1. BASAMAK YOĞUN BAKIM	İYİ	EVET	EVET	View
27.08.2024 08:08		ERİŞKİN	1. BASAMAK YOĞUN BAKIM	İYİ	EVET	EVET	View
03.09.2024 08:08		ERİŞKİN	1. BASAMAK YOĞUN BAKIM	İYİ	EVET	EVET	View
06.09.2024 08:08		ERİŞKİN	1. BASAMAK YOĞUN BAKIM	İYİ	EVET	EVET	View
10.09.2024 08:08		ERİŞKİN	1. BASAMAK YOĞUN BAKIM	İYİ	EVET	EVET	View

1 2 3

Figure 46. Patient Information Screen

Intensive Care Information

Informing the Relatives of the Patient Patient Information

Informing Patients and Relatives

You do not have any registered data.

Figure 47. Patient Relative Information Screen

My Insurance Activities

You can create an insurance code on the "My Insurance Activities" page so that insurance companies can access your health data. Insurance companies can only access your health data sent to e-Nabız System with the insurance code.

Create New Insurance Code

Insurance Company Description

Here you can enter the information of the insurance companies with which the insurance code will be shared. You can create a separate insurance code for each insurance, or you can share a code with more than one insurance company.

Starting Date End Date

The policy start date information associated with the insurance code must be entered. The policy expiry date information associated with the insurance code must be entered.

End Date Extension

3 Month

In order to control your health care data via e-Nabız, the additional time information after the policy expiry date associated with the insurance code should be selected.

Vazgeç Continue

Figure 48. Insurance Code Generation Screen

You can enter the informations about the insurance companies with which the insurance code will be shared. You can create a separate insurance code for each insurance or share one code with multiple insurance companies.

Insurance Transactions

- In case of request by insurance companies, the created active insurance Code can be shared.
- You are responsible for sharing the insurance code you have created through this system with the relevant insurance company.
- The insurance company can only access the health data sent to the e-Nabız System with the insurance code.

Create Insurance Code

Explanation	Insurance Code	Start-End Dates	End Date Extension	Status
		30.08.2024-31.08.2024		Active Insurance Code
		01.09.2024-01.09.2024		Create Insurance Code
		01.09.2024-01.09.2024		Delete Insurance Code

Figure 49. My Insurance Activities Screen

My Emergency Notes

In case of emergency, your emergency notes that you have added to this page will be used by the health personnel in order to respond more quickly.

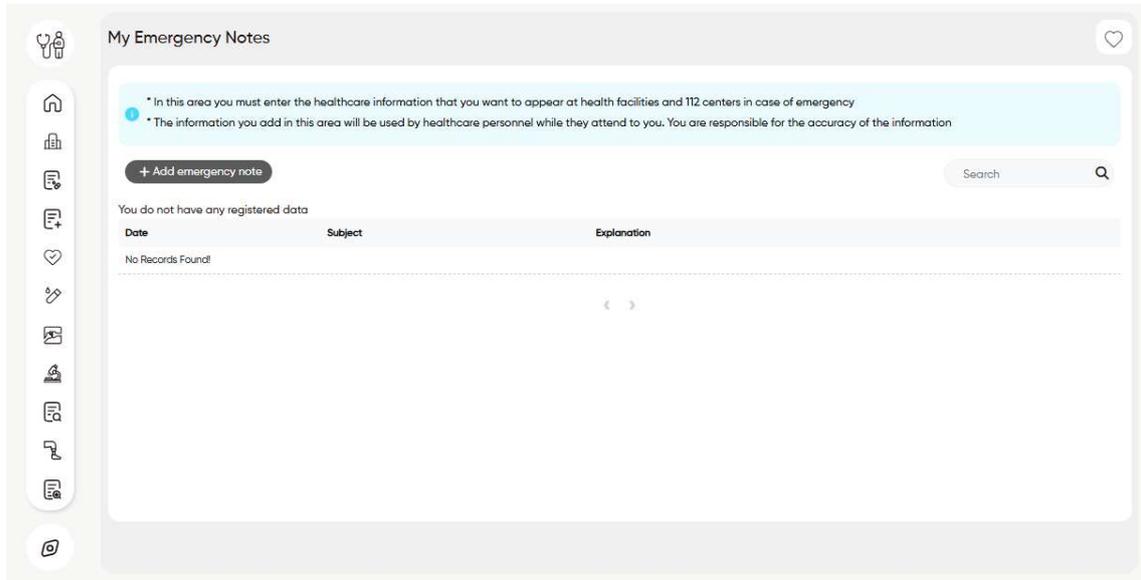


Figure 50. My Emergency Notes Screen

You can add new notes by clicking the "Add Emergency Note" button. You can edit or delete the emergency notes you have added.

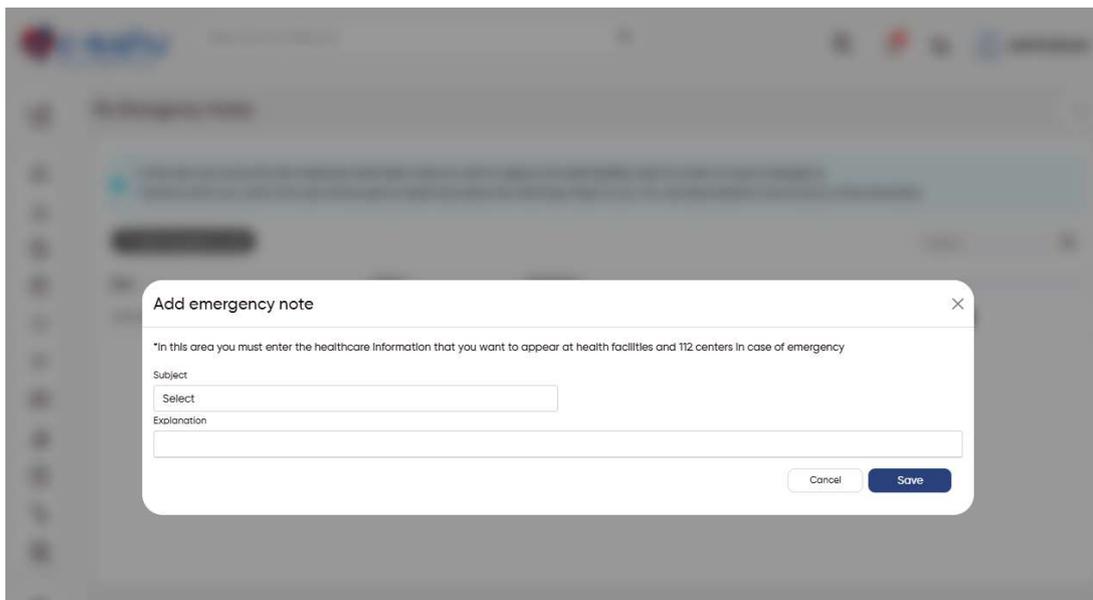


Figure 51. My Emergency Notes / Add Emergency Note Screen

My Documents

You can upload photos related to your health that you want your physician to see (instant wounds, rashes, etc.) to this section.

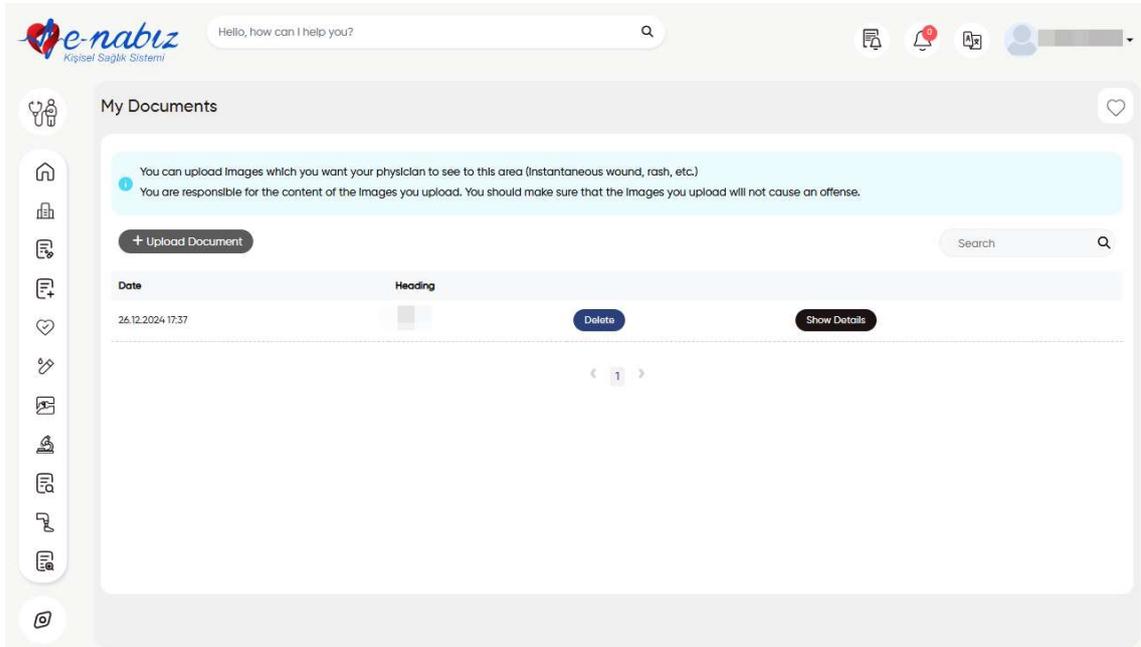


Figure 52. My Documents Screen

By clicking on the "Upload Document" button, you can upload photos, edit the documents you have added or delete them if you wish.

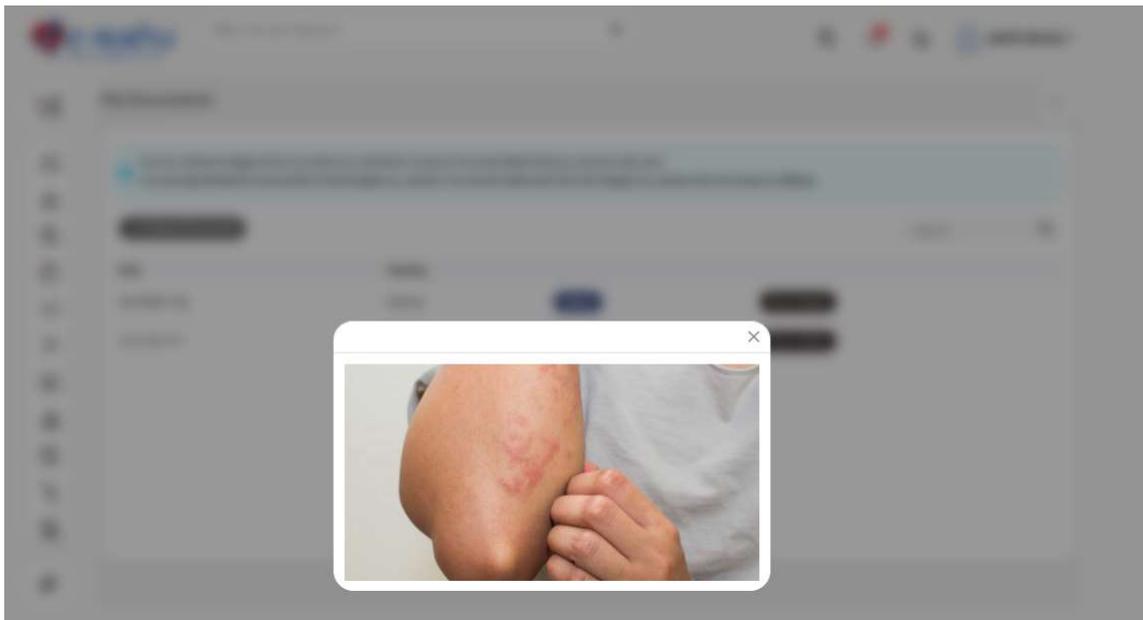


Figure 53: My Documents / Add Document Screen

Vaccine Calendar

You can view the vaccines included in the childhood vaccine calendar of the Ministry of Health of the Republic of Turkey and their status on the Vaccine calendar. If you would like to obtain the vaccine calendar document, you can download the Electronic Vaccine Card in the PDF format. In the Vaccines section, you can view the list and details of all vaccines administered.

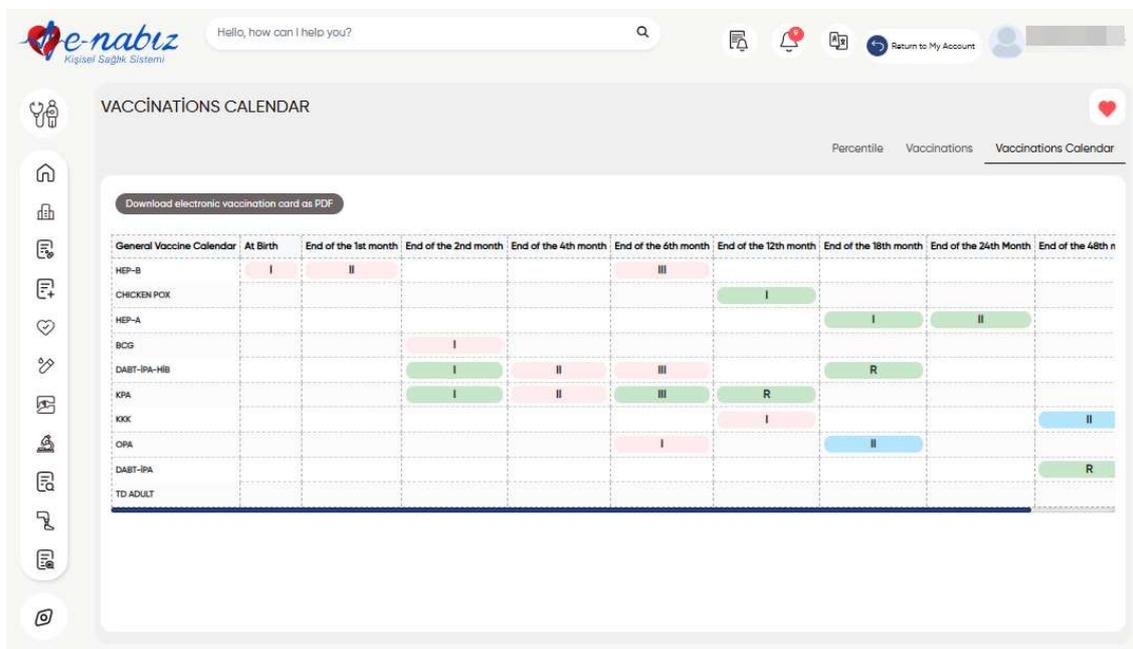


Figure 54: Vaccine Calendar Screen

In the percentile section, you can see percentile charts for head circumference, height and weight.

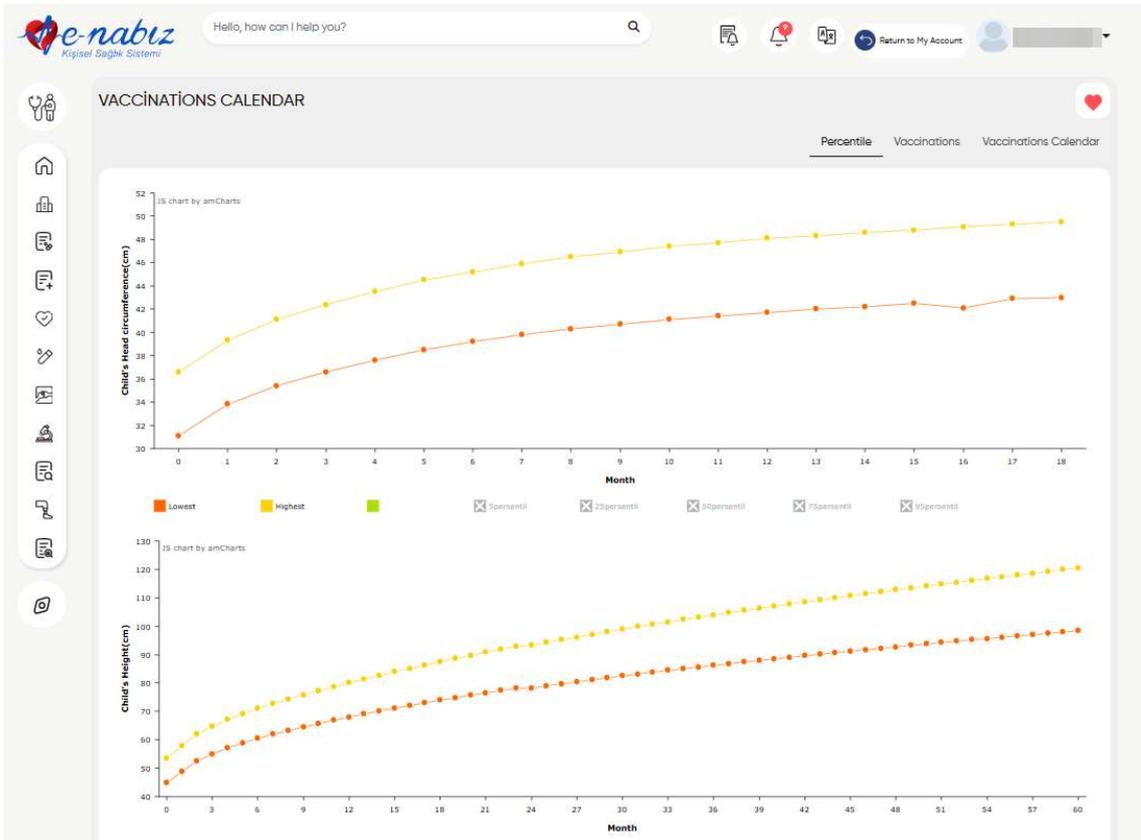


Figure 55: Vaccine Calendar / Percentile Screen

My Medications

You can see the list of all medications prescribed to you and details of these medications such as dose, period, number of boxes, box picture, package insert.

The screenshot shows the 'My Medications' screen in the e-nabız system. The page header includes the e-nabız logo and a search bar. The main content area is titled 'Medications' and features a table of prescription records. The table has the following columns: Prescription Date, Barcode, Prescription Number, Medicine Name, Dosage, Period, Usage Method, Usage Number, Box Count, Hospital Name, Clinic Name, Box Image, and Prospectus. The data in the table is as follows:

Prescription Date	Barcode	Prescription Number	Medicine Name	Dosage	Period	Usage Method	Usage Number	Box Count	Hospital Name	Clinic Name	Box Image	Prospectus
15.05.2024 08:08	31012024	15042024-12345	PAROL	3	2	AĞIZDAN (ORAL)	1	3	HASTANESİ	ÇOCUK ACIL		
15.05.2024 08:08	31012024	15042024-12345	PAROL	3	2	AĞIZDAN (ORAL)	1	3	HASTANESİ	ÇOCUK ACIL		
07.05.2024 14:16	31012024	15042024-1234	PAROL	3	2	AĞIZDAN (ORAL)	1	3	HASTANESİ	ÇOCUK ACIL		
07.05.2024 14:16	31012024	15042024-1234	PAROL	3	2	AĞIZDAN (ORAL)	1	3	HASTANESİ	ÇOCUK ACIL		
07.05.2024 11:50	31012024	15042024-1234	PAROL	3	2	AĞIZDAN (ORAL)	1	3	HASTANESİ	ÇOCUK ACIL		
07.05.2024 11:50	31012024	15042024-1234	PAROL	3	2	AĞIZDAN (ORAL)	1	3	HASTANESİ	ÇOCUK ACIL		

Figure 56: My Medications Screen

In the "Contribution Due Info" section, you can see details such as amount of medication contribution due, medication contribution due difference by the substitute medication, amount of examination and prescription contribution dues.


Hello, how can I help you?
Return to My Account

Medications

Co-Payment My Medications

The data shown here were taken from the SGK system. Showing data for the last 1 year

Prescription Date	Hospital Name	Pharmacy Name	Drug's contribution margin according to its equivalent (₺)	Medication Co-Payment Amount (₺)	Examination Co-Payment Amount (₺)	Prescription Co-Payment Amount (₺)	Show Details
03.03.2025	[REDACTED]	GÖKSEN	21.3 ₺	38.82 ₺	170 ₺	3.0 ₺	Show Details
20.01.2025	[REDACTED]	GÖKSEN	31.81 ₺	53.35 ₺	0.0 ₺	3.0 ₺	Show Details
16.01.2025	[REDACTED]	ANGORA	79.55 ₺	4.73 ₺	70 ₺	3.0 ₺	Show Details
12.10.2024	[REDACTED]	VATAN	29.85 ₺	29.85 ₺	70 ₺	3.0 ₺	Show Details
14.06.2024	[REDACTED]	YENİ BAYSAL	108.42 ₺	50.42 ₺	20.0 ₺	4.0 ₺	Show Details
04.04.2023	[REDACTED]	DEMİR	21.27 ₺	42.66 ₺	0.0 ₺	3.0 ₺	Show Details
13.03.2023	[REDACTED]	YENİ YAPRAK	9.8 ₺	21.44 ₺	0.0 ₺	3.0 ₺	Show Details
15.01.2023	[REDACTED]	DEMİRCANLAR	120.99 ₺	40.91 ₺	0.0 ₺	3.0 ₺	Show Details
14.01.2023	[REDACTED]	TARIK	0.86 ₺	40.47 ₺	12.0 ₺	3.0 ₺	Show Details

1

Figure 57: My Medications/ Contribution Due Information Screen

Access Details

You can list the profiles which has access to your account, including yourself, with date and time. It is possible to filter out the records with the selected date range. By viewing the people who has accessed to your account/data, you can report actual or suspected unauthorized accesses to the officers of the Ministry.

Accessing Person	Access Way	Date	IP Information	Institution
	Self-access to the electronic health record	27.03.2025 12:44		-
	Self-access to the electronic health record	27.03.2025 12:11		-
	Self-access to the electronic health record	27.03.2025 12:11		-
	Self-access to the electronic health record	27.03.2025 10:01		-
	Self-access to the electronic health record	27.03.2025 09:56		-
	Self-access to the electronic health record	26.03.2025 17:24		-
	Self-access to the electronic health record	26.03.2025 17:23		-
	Self-access to the electronic health record	26.03.2025 16:36		-
	Self-access to the electronic health record	26.03.2025 15:56		-
	Self-access to the electronic health record	26.03.2025 15:47		-

Figure 58: Access Details Screen

What activities can I perform in e-Nabız?

1. Add Sensor Data (Blood Pressure, Sugar, Pulse, Weight)

You can add values here with the 'Add Data' button in the tabs such as Blood Pressure, Sugar, Pulse and Weight in the Wearable Technology and Mobile Devices section.

If you allow access to the data from iHealth (Health) for iOS or Google Fit for Android apps on your phone, this data will be automatically retrieved by e-Nabız Mobile and displayed in your e-Nabız profile. If you have a wearable technology device and the data on these devices are synchronized with your smartphone, your data on these devices are also transferred via aforementioned apps.

2. Organ Donation

Your organ donation notifications will be forwarded to the organ donation units of the Ministry of Health. Requests received here will be e-mailed to bagis@saglik.gov.tr. Officers of organ donation unit will contact you.

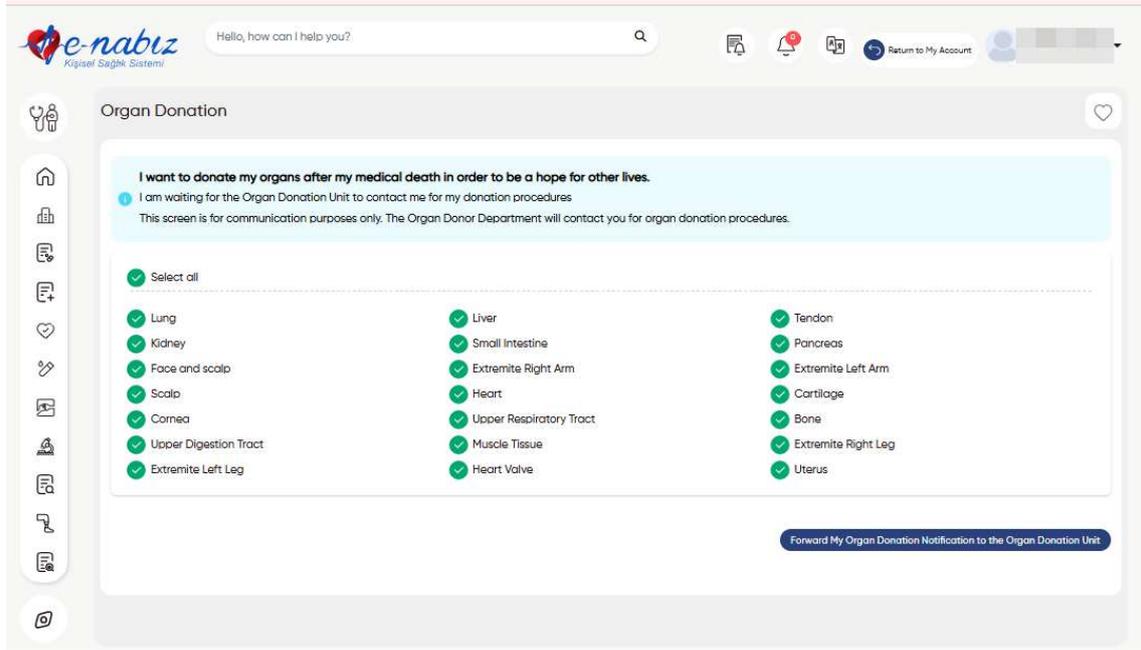


Figure 59: Organ Donation Screen

Appointments

When you press the schedule an appointment button, you will be directed to MHRs website to schedule your appointments. You can view your appointments on your calendar and click on the appointment you have scheduled to view the time and details.

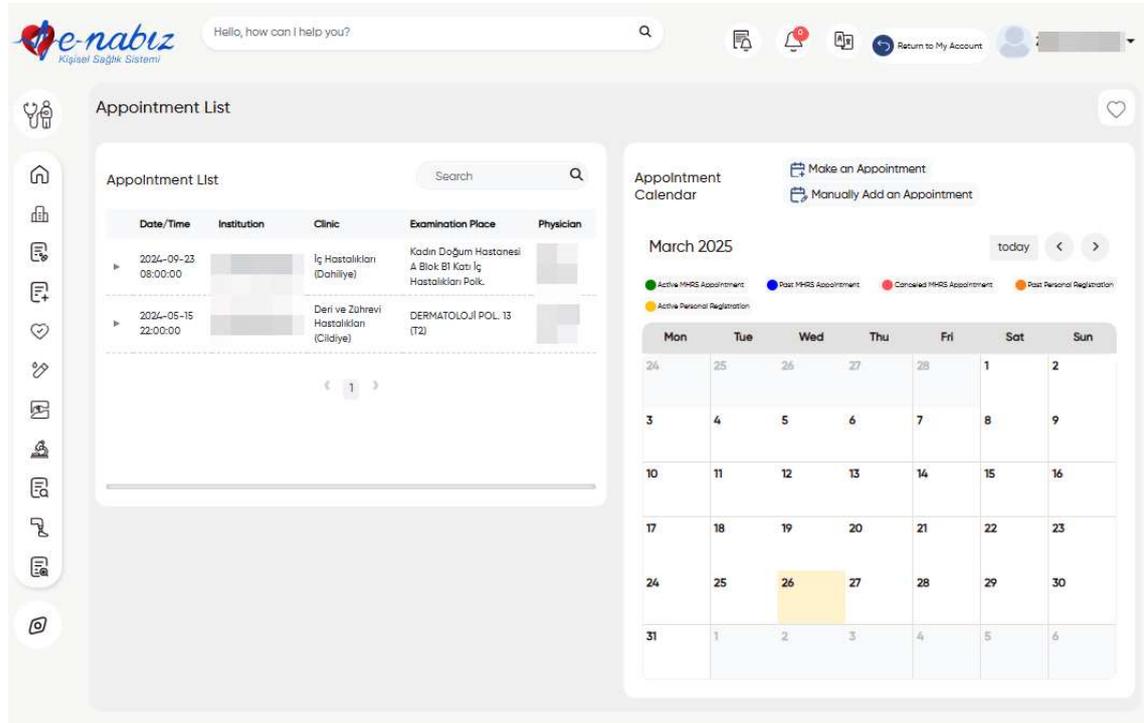


Figure 60: Appointment Activities Screen

You can schedule an appointment for yourself and your child under the age of 18 through the system.

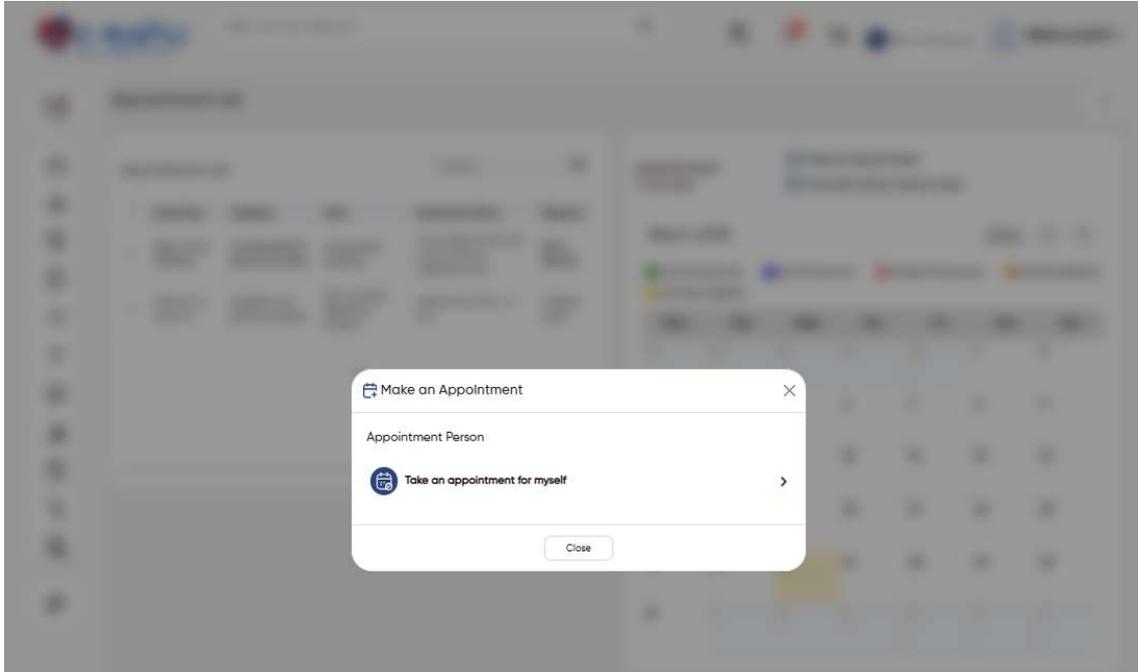
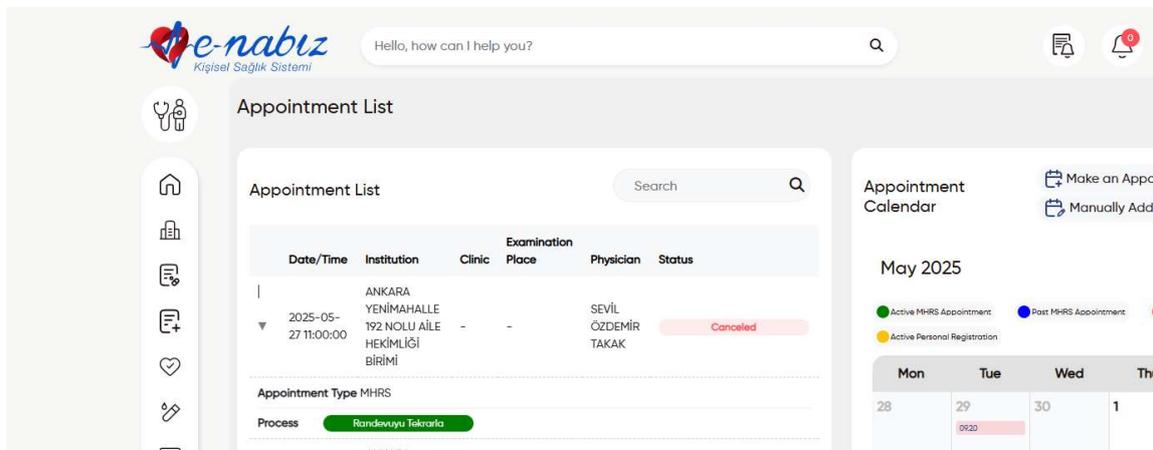


Figure 61: Schedule an Appointment / Person Selection Screen

You can easily recreate an appointment that you have made in the past. You can create an appointment by filling the required information with the “Recreate Appointment” button from the appointment list.



Sharing

You have the opportunity to share your health data in the detail you determine and with the persons you authorize. If you have children under 18 years of age, you can view your children's health records in the "My Children" section with the consent of your spouse.

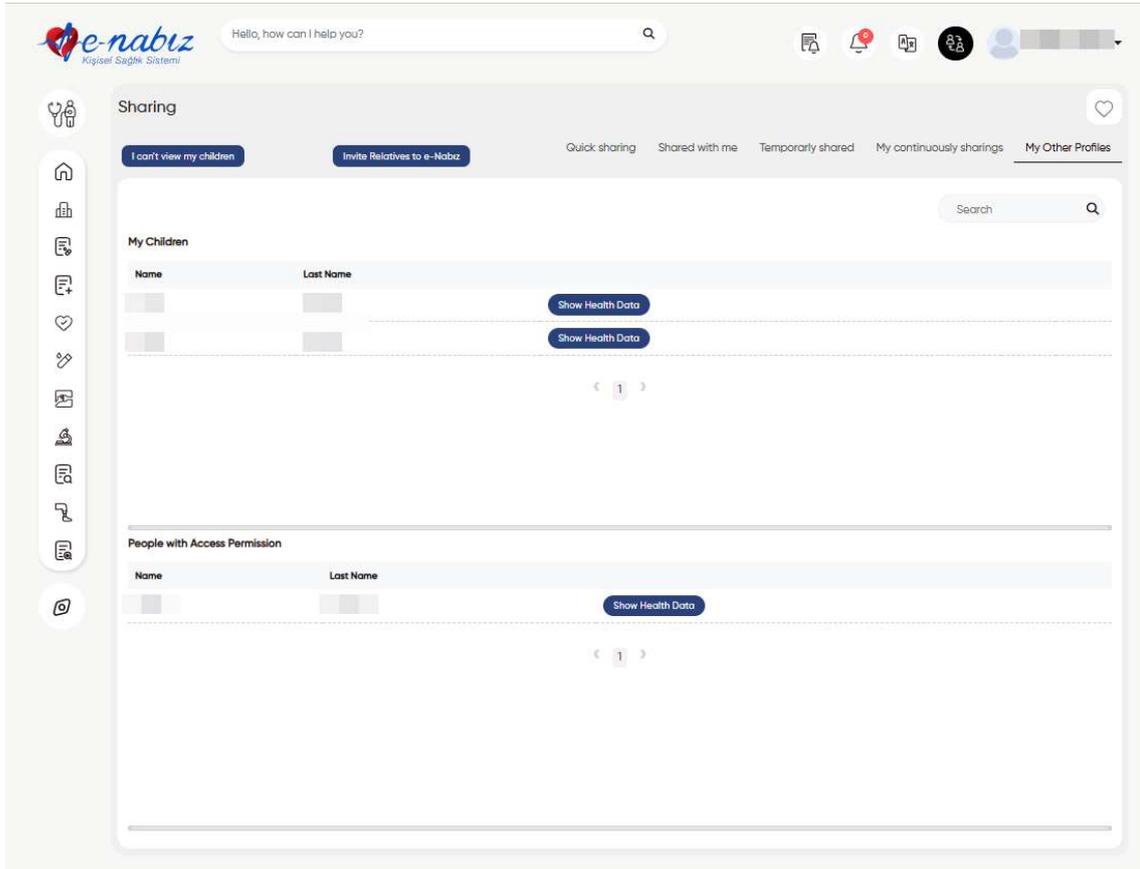


Figure 62: Sharing / My Children Screen

In the "Permanently Shared by Me" tab, you can give any person with the permanent access to view your health details. You can also send messages from the My Messages section.

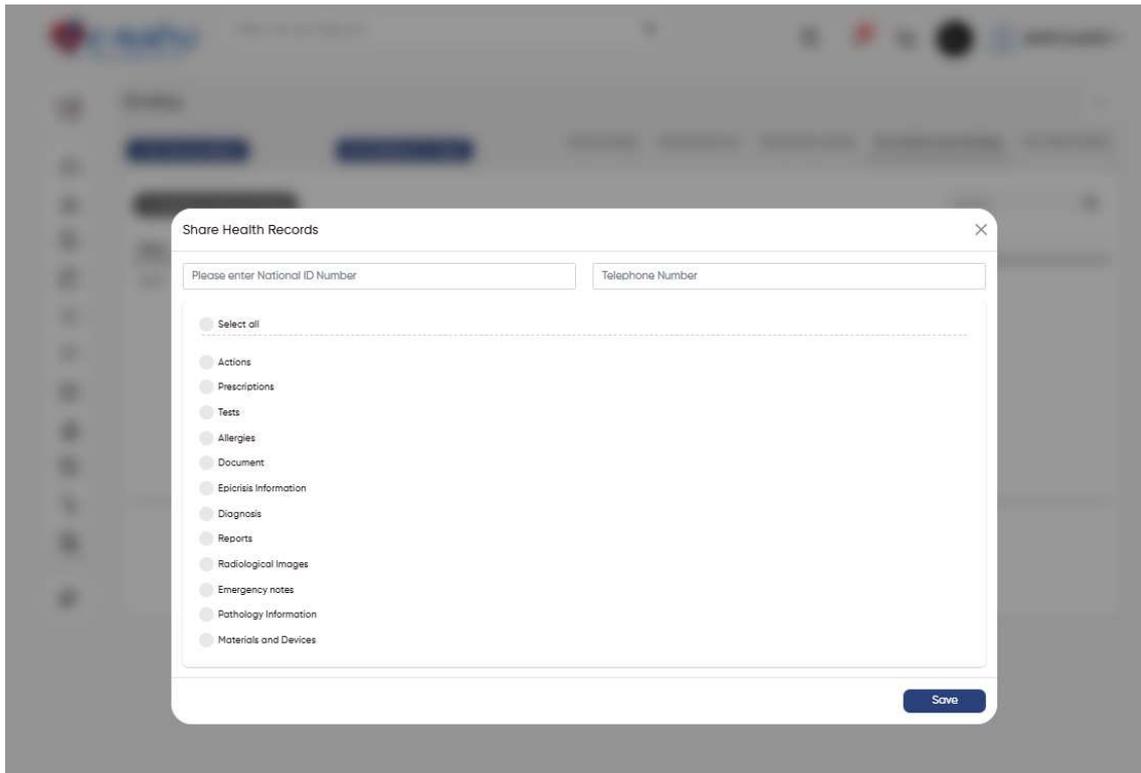


Figure 63: Sharing / Share Health Records Screen

You can manage your time-limited permissions with "Temporarily Shared by Me" tab. You can share your health details for time limits such as 1 hour, 3 days or 2 months. You can edit or delete all your permanent or temporary permissions before they expire.

From the "Shared with Me" tab, you can access those who have shared their health details with you. You can edit the content of the health details you have shared with the person you have connected with the "Edit" button, and you can revoke the permission you have given with the "Delete" button.

You can also accept or reject connection requests you receive. You can be informed about the status updates of the people you are connected to as much as the person publishes.

Are my Medical Records Secure?

1. How are My Personal Medical Records Collected?

The medical details contained in e-Nabız is constituted by the electronic submission of diagnoses, tests done, medical images taken, medications prescribed, allergies detected and similar information about your diseases as delivered electronically to e-Nabız system by the health institutions from which you receive health services since launch of the system.

2. Who Can Access My Information?

Your information can only be viewed by physicians authorized by you or by persons to whom you have given permanent or temporary permission using the "Sharing" function in the system.

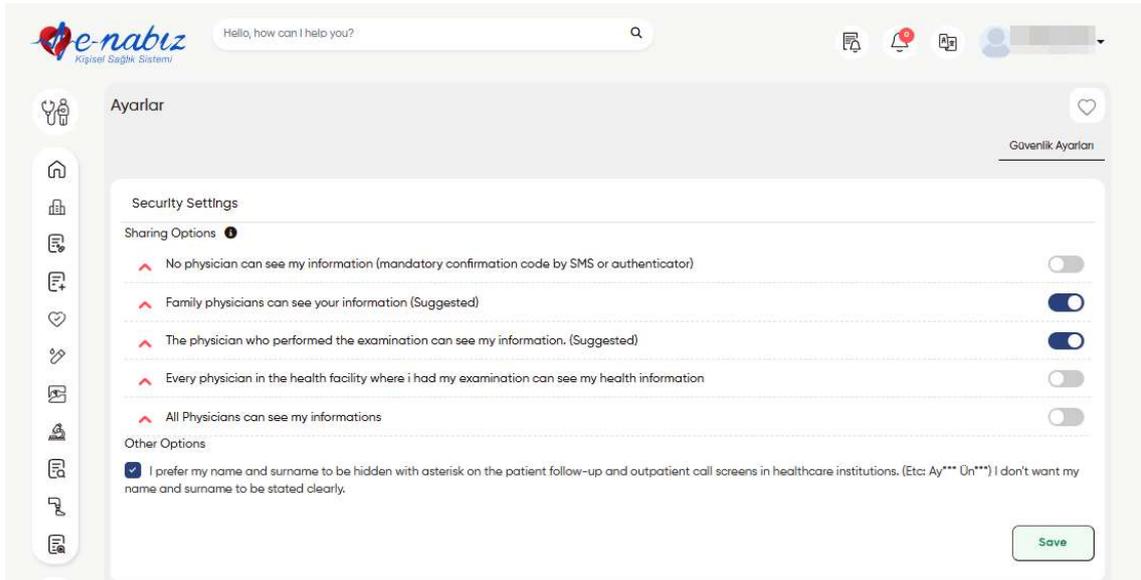


Figure 64: Sharing Settings Screen

Feedback

You can give feedback about the health facilities you have visited or about any issue on this page.

The screenshot shows the e-nabız Feedback interface. At the top left is the e-nabız logo with the tagline 'Kişisel Sağlık Sistemi'. A search bar contains the text 'Hello, how can I help you?'. To the right of the search bar are icons for a document, a notification bell, a printer, and a user profile. Below the search bar is a 'Feedback' section with a heart icon. Underneath, there are three tabs: 'Previous Feedback', 'Is There a Good Idea', and 'Feedback'. The 'Feedback' tab is active. A green box contains the following text: '* Upper limit for image is 3MB and for video is 30MB' and '* The supported image formats are png, jpg or jpeg; video formats are mp4, m4v, quicktime or mov'. Below this, there is a 'Feedback Reason' dropdown menu with 'Select' as the selected option. Below that is a 'Visit Date' dropdown menu with '2025' as the selected option. At the bottom right of the form is a blue 'Send' button.

Figure 65: Feedback Screen

You can send us your requests and feedback about e-Nabız by creating a request at <https://yazilimdestek.saglik.gov.tr> or via e-mail at enabiz@saglik.gov.tr.

If you have any questions, you can contact e-Nabız Contact Center at 0850 240 03 03.

You can add ideas that you think will improve e-Nabız project in this field.

The screenshot shows the e-nabız Feedback interface. At the top left is the e-nabız logo with the tagline 'Kişisel Sağlık Sistemi'. A search bar contains the text 'Hello, how can I help you?'. To the right of the search bar are icons for a document, a notification bell, a printer, and a user profile. Below the search bar is a 'Feedback' section with a heart icon. Underneath, there are three tabs: 'Previous Feedback', 'Is There a Good Idea', and 'Feedback'. The 'Feedback' tab is active. A green box contains the following text: '* Upper limit for image is 3MB and for video is 30MB' and '* The supported image formats are png, jpg or jpeg; video formats are mp4, m4v, quicktime or mov'. Below this, there is a 'Subject' input field with the placeholder text 'Subject'. Below that is a text area with the placeholder text 'Enter your idea to add to the project'. Below the text area is a section titled 'Add Document / Change Document' with an 'Upload Document' button and a 'File is not selected.' message. At the bottom right of the form is a blue 'Send' button.

Figure 66: Add Ideas Screen